

MONMOUTH COLLEGE

MEN'S OUTDOOR TRACK AND FIELD RECORD BOOK

TEAM HISTORY

Men's outdoor track and field began at Monmouth in the spring of 1924. The first Midwest Collegiate Athletic Conference (MCAC) championship meet for men's outdoor track was held in 1921, and Monmouth's first conference competition was in 1924. Monmouth has won 12 Midwest Conference team titles in men's outdoor track, the most in any sport at the college. The program's first title came in 1932, and the program won a record four straight from 1995 to 1998. Track races were originally measured in imperial yard/mile distances, but all race distances were converted to metric equivalents during the mid-1980s. The conference championship meet schedule has changed many times since the inception of the sport, but all contested events are included in the record book. The MCAC (men) and MACW (women) conferences merged to form the current Midwest Athletic Conference (MWC) in 1994 and both conferences have held joint championship meets since 1985.

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[revised May 2009]

TEAM INFORMATION

Years of Competition: 82 (1924-43, 1946-2009)
Team Conference Championships: 21 NCAA National Qualifiers: 124
Individual Conference Titles: 257 NCAA All-Americans: 53
(relays count as 1 title) *(relays count as 4 individuals)*

MIDWEST CONFERENCE CHAMPIONSHIPS TEAM RESULTS

Year	Place	Points	Host	Coach
1924	5th	19	Beloit	Raymond Johnson
1925	6th	16	Hamline	Raymond Johnson
1926	4th	21	Cornell	H.L. Hart
1927	3rd	29	Monmouth	H.L. Hart
1928	6th	14	Ripon	H.L. Hart
1929	3rd	21	Carleton	H.L. Hart
1930	4th	16	Lawrence	H.L. Hart
1931	3rd	33.25	Coe	H.L. Hart
1932	1st	50.33	Knox	H.L. Hart
1933	2nd	39.5	Beloit	H.L. Hart
1934	5th	21.84	Cornell	H.L. Hart
1935	5th	18.5	Monmouth	H.L. Hart
1936	8th	6	Ripon	Ed Saville
1937	4th	11	Carleton	H.L. Hart
1938	6th	8	Lawrence	H.L. Hart
1939	7th	16.5	Coe	Robert Woll
1940	3rd	33	Knox	Robert Woll
1941	8th	6	Beloit	Robert Woll
1942	5th	25.5	Monmouth	Glenn Robinson
1943	3rd	44.5	Coe	Robert Woll
1946	9th	12	Ripon	Glenn Robinson
1947	5th	27.5	Carleton	Glenn Robinson
1948	4th	25	Grinnell	Glenn Robinson
1949	3rd	33	Lawrence	Glenn Robinson
1950	2nd	45.5	Cornell	Glenn Robinson
1951	2nd	55	Beloit	Glenn Robinson
1952	2nd	41	Coe	Glenn Robinson
1953	2nd	44.5	Monmouth	Glenn Robinson
1954	1st	41.2	Ripon	Glenn Robinson
1955	4th	29.5	Carleton	Glenn Robinson
1956	2nd	39.5	Grinnell	Glenn Robinson
1957	5th	22	Monmouth	Glenn Robinson
1958	6th	23	Lawrence	Chuck Larson
1959	8th	9	St. Olaf	Chuck Larson

Year	Place	Points	Host	Coach
1960	6th	21.5	Cornell	Chuck Larson
1961	1st	46.75	Monmouth	Chuck Larson
1962	4th	32	Ripon	Leino Corgnati
1963	10th	11	Carleton	Hank Andrew
1964	3rd	23	Coe	Hank Andrew
1965	8th	12	Knox	Hank Andrew
1966	2nd	34	Grinnell	Hank Andrew
1967	3rd	30.5	Lawrence	Hank Andrew
1968	3rd	39	St. Olaf	Hank Andrew
1969	6th	18	Beloit	Hank Andrew
1970	4th	20	Knox	Hank Andrew
1971	7th	15	Cornell	Hank Andrew
1972	10th	1	Lawrence	Jack Steger
1973	7th	17	Carleton	Jack Steger
1974	8th	11	Coe	Jack Steger
1975	8th	14.5	Knox	Jack Steger
1976	7th	27	Grinnell	Jack Steger
1977	9th	14.5	Lawrence	Jack Steger
1978	5th	59	Chicago	Jack Steger
1979	5th	45	Coe	John Skornicka
1980	4th	54	Chicago	John Skornicka
1981	3rd	95	Knox	Dave Ostrander
1982	2nd	95	Grinnell	Dave Ostrander
1983	4th	89	Carleton	Dave Ostrander
1984	2nd	85	Lawrence	Roger Haynes
1985	1st	117	Monmouth	Roger Haynes
1986	1st	100	Ripon	Roger Haynes
1987	2nd	90	Coe	Roger Haynes
1988	2nd	112	St. Norbert	Roger Haynes
1989	2nd	161.5	Grinnell	Roger Haynes
1990	1st	153	Beloit	Roger Haynes
1991	1st	191	Monmouth	Roger Haynes
1992	1st	223.5	Lawrence	Roger Haynes
1993	3rd	108	Knox	Roger Haynes
1994	4th	81	Ripon	Roger Haynes
1995	1st	172.5	Coe	Roger Haynes
1996	1st	193.5	Carroll	Roger Haynes
1997	1st	199	Grinnell	Roger Haynes
1998	1st	200	St. Norbert	Roger Haynes
1999	3rd	114	Monmouth	Roger Haynes
2000	2 nd	195	Lawrence	Roger Haynes
2001	1st	195	Grinnell	Roger Haynes
2002	1st	206	Ripon	Roger Haynes
2003	1st	231	Knox	Roger Haynes
2004	1st	241	Ripon	Roger Haynes

Year	Place	Points	Host	Coach
2005	1ST	299	Monmouth	Roger Haynes
2006	1st	337	Grinnell	Roger Haynes
2007	1st	307.5	Ripon	Roger Haynes
2008	1st	267	Knox	Roger Haynes
2009	1st	194	Carroll	Roger Haynes

MIDWEST CONFERENCE MEN'S OUTDOOR TRACK TEAM CHAMPIONS

1921	Cornell	1952	Knox	1981	Coe
1922	Knox	1953	Carleton	1982	Carleton
1923	Beloit, Carleton	1954	MONMOUTH	1983	Coe
1924	Ripon	1955	Carleton	1984	Coe
1925	Cornell	1956	Grinnell	1985	MONMOUTH
1926	Carleton	1957	Cornell	1986	MONMOUTH
1927	Carleton	1958	Cornell	1987	Knox
1928	Knox	1959	Cornell	1988	Cornell
1929	Knox	1960	St. Olaf	1989	Cornell
1930	Carleton	1961	MONMOUTH	1990	MONMOUTH
1931	Coe	1962	Grinnell	1991	MONMOUTH
1932	MONMOUTH	1963	Grinnell	1992	MONMOUTH
1933	Coe	1964	Grinnell	1993	Grinnell
1934	Carleton	1965	Grinnell	1994	Grinnell
1935	Coe	1966	Carleton	1995	MONMOUTH
1936	Coe	1967	Carleton	1996	MONMOUTH
1937	Knox	1968	St. Olaf	1997	MONMOUTH
1938	Lawrence	1969	Carleton	1998	MONMOUTH
1939	Coe	1970	St. Olaf	1999	Carroll
1940	Coe	1971	St. Olaf	2000	Carroll
1941	Coe	1972	Coe	2001	MONMOUTH
1942	Coe	1973	Coe	2002	MONMOUTH
1943	Lawrence	1974	Coe	2003	MONMOUTH
1946	Lawrence	1975	Coe	2004	MONMOUTH
1947	Lawrence	1976	Coe	2005	MONMOUTH
1948	Grinnell	1977	Coe	2006	MONMOUTH
1949	Beloit	1978	Coe	2007	MONMOUTH
1950	Beloit	1979	Coe	2008	MONMOUTH
1951	Beloit	1980	Coe	2009	MONMOUTH

MIDWEST CONFERENCE CHAMPIONSHIPS

CONFERENCE CHAMPIONS BY YEAR

Monmouth individual event champions are listed chronologically by year and number of titles won each year. Event, athlete name, winning performance and meet site are also listed. Relays are counted as one championship title. Midwest Conference championship meet records are denoted by asterisk (*).

Year	Event	Athlete	Performance	Host
1924 (1)	880 Yards	Walter Congdon	1:59.2	Beloit
1925 (1)	Mile	Walter Congdon	4:36.6	Hamline
1926 (1)	Mile	Walter Congdon	4:30.4	Cornell
1927 (1)	High Jump	Jack McIntosh	6'0 ³ / ₄ "	Monmouth
1928 (2)	High Jump	Jack McIntosh	6'2"	Ripon
	Pole Vault	Jack McIntosh	12' 3 11/16"	
1929 (3)	High Jump	Jack McIntosh	6' 1 7/8"	Carleton
	Pole Vault	Jack McIntosh	12'3"	
	2 Mile	Charles Butler	10:12.9	
1930 (2)	2 Mile	Earl King	9:53.4	Lawrence
	Javelin	Robert Whiteman	175'6"	
1931 (4)	100 Yards	John Weatherly	10.2	Coe
	220 Yards	John Weatherly	22.6	
	2 Mile	Earl King	9:46.8	
	Discus	Robert Porter	126'10"	
1932 (5)	100 Yards	John Weatherly	10.1	Knox
	220 Yards	John Weatherly	22.0	
	2 Mile	Earl King	9:51.0	
	Long Jump	Kenneth Kelly	22'1"	
	4x440 Relay	John Weatherly, Walter Clark, Jim McDonald, Glenn Robinson	3:27.5	
1933 (3)	Mile	Hugh Matchett	4:36.2	Beloit
	220 Y Hurdles	Robert Laxson	25.6	
	Javelin	Jack Ozburn	175'5"	
1938 (1)	Pole Vault	James Vipond	11'6"	Lawrence
1939 (1)	Pole Vault	James Vipond	11'6"	Coe
1941 (1)	880 Yards	Glen Rankin	2:01.0	Beloit
1943 (4)	220 Yards	William Laxson	22.3	Coe
	220 Y Hurdles	William Laxson	24.2	
	Pole Vault	William Laxson	11'0"	
	440 Yards	Glen Rankin	51.2	
1947 (1)	440 Yards	Hugh DeMorest	51.0	Carleton
1948 (1)	Discus	John Hoyt	124'1"	Grinnell

1949 (3)	440 Yards	John Riggs	49.8	Lawrence
	220 Y Hurdles	Channing Pratt	25.8	
	4x440 Relay	Channing Pratt, Jud Kruidenier, Bob Carlsten, Hugh DeMorest	3:26.6	
1950 (3)	440 Yards	John Riggs	49.5	Cornell
	100 Y Hurdles	Channing Pratt	15.1	
	Discus	Jim Schweitzer	136'4"	
1951 (6)	Pole Vault	Spencer Fassett	12'11"	Beloit
	100 Yards	Bill Smallwood	10.4	
	220 Yards	Bill Smallwood	22.8	
	Mile	Bob Carlsten	4:24.6	
	220 Y Hurdles	Channing Pratt	26.0	
	4x440 Relay	Bob Gulle, Bob Ford, John Riggs, Bill Smallwood	3:29.2	
1952 (3)	Long Jump	Ray Brooks	21'8 ³ / ₄ "	Coe
	100 Yards	Ray Brooks	10.2	
	440 Yards	Bob Gulle	51.2	
1953 (3)	Long Jump	Ray Brooks	21' 3 5/8"	Monmouth
	100 Y Hurdles	Dick Vogt	15.3	
	220 Y Hurdles	Dick Vogt	24.1	
1954 (4)	Pole Vault	Keith Droste	12'4"	Ripon
	Pole Vault	James Rasmussen	12'4"	
	100 Y Hurdles	Dick Vogt	15.2	
	220 Y Hurdles	Dick Vogt	24.0	
1955 (2)	100 Y Hurdles	Dick Vogt	15.1	Carleton
	220 Y Hurdles	Dick Vogt	24.6	
1957 (1)	Pole Vault	Charles Hartman	12'0"	Monmouth
1958 (1)	Long Jump	Dean Fischer	22'5 ¹ / ₂ "	Lawrence
1960 (1)	Long Jump	Glenn Brooks	21'11 ³ / ₄ "	Cornell
1961 (5)	Long Jump	Glenn Brooks	24'0 ¹ / ₄ "*	Monmouth
	Shot Put	Tom Bollman	48'3"	
	100 Yards	Glenn Brooks	9.8	
	220 Yards	Glenn Brooks	21.2	
	880 Yards	David Campbell	1:56.1	
1962 (2)	440 Yards	David Campbell	49.4	Ripon
	880 Yards	David Campbell	1:57.9	
1963 (1)	Javelin	Ron Wilson	184'8"	Carleton
1964 (2)	2 Mile	Doug Carlson	9:44.6	Coe
	Javelin	Ron Wilson	186'0"	
1965 (1)	2 Mile	Doug Carlson	9:59.8	Knox
1966 (1)	2 Mile	Doug Carlson	9:46.0	Grinnell
1969 (1)	3 Mile	Ken Kite	15:20.7	Beloit

1971 (2)	Discus	Terry Hunter	147'9"	Cornell
	100 Yards	Mike Carter	10.0	
1973 (2)	100 Yards	John Carter	10.1	Carleton
	220 Yards	John Carter	22.2	
1974 (1)	Discus	Ron Baker	145'9"	Coe
1979 (1)	Long Jump	Rod Slover	23'11½"	Coe
1981 (3)	Javelin	Roger Haynes	174'7"	Knox
	110 M Hurdles	Mike Wolf	15.55	
	400 M Hurdles	Mike Wolf	54.25*	
1982 (2)	Javelin	Roger Haynes	187'5"	Grinnell
	400 M Hurdles	Mike Wolf	54.2	
1983 (2)	Javelin	Pat Garst	189'2"	Carleton
	Shot Put	Lance Zedric	53'9½"*	
1984 (1)	High Jump	Eric Ealy	6'6"	Lawrence
1985 (5)	Decathlon	Roger Well	6,593 pts	Grinnell
	Triple Jump	Roger Well	45'9"	Monmouth
	High Jump	Eric Ealy	6'9½"*	
	Long Jump	Peter McNaughton	22'10½"	
	110 M Hurdles	Peter McNaughton	14.82	
1986 (3)	High Jump	Eric Ealy	6'9¾"*	Ripon
	Discus	Dan Cox	158'3"	
	400 Meters	Brian Ross	49.78	
1987 (1)	110 M Hurdles	Peter McNaughton	15.76	Coe
1988 (4)	Triple Jump	Rick Simmons	43'11"	St. Norbert
	Discus	John Warfield	153'6"	
	Shot Put	Ross Richardson	50'6"	
	Javelin	David Hillis	180'0"	
1989 (6)	Discus	John Warfield	142'8"	Grinnell
	Shot Put	Ross Richardson	52'4"	
	Javelin	David Hillis	189'4"	
	110 M Hurdles	Charles Burton	14.7	
	400 M Hurdles	Charles Burton	54.8	
	4x400 Relay	Tim Wolf, John Clingan, Jeff McCraven, Charles Burton	3:20.24	
1990 (4)	Javelin	Wayne Hasty	177'7"	Beloit
	110 M Hurdles	Charles Burton	15.07	
	400 M Hurdles	Jason Devino	55.56	
	4x400 Relay	Brent Thurness, Jeff McCraven, Jason Devino, Charles Burton	3:22.61	
1991 (11)	110 M Hurdles	Charles Burton	14.68*	Monmouth
	400 M Hurdles	Jason Devino	55.76	
	High Jump	Shawn Strachan	6'6"	

	Triple Jump	Todd Stevens	46'6"	
	Long Jump	Tobias Sumrall	22'9"	
	Javelin	David Hillis	196'11"	
	200 Meters	Charles Burton	21.59*	
	400 Meters	Charles Burton	47.98*	
	800 Meters	Jeff McCraven	1:53.69	
	4x100 Relay	Tobias Sumrall, Todd Stevens, Tony Williams, Charles Burton	42.46*	
	4x400 Relay	Jason Devino, Jeff McCraven, Mark Stephens, Charles Burton	3:21.15	
1992 (8)	110 M Hurdles	Charles Burton	14.76	Lawrence
	400 M Hurdles	Jason Devino	54.88	
	Discus	Jose Buckner	156'2"	
	Javelin	David Hillis	198'3"	
	100 Meters	Charles Burton	10.87	
	200 Meters	Charles Burton	21.4	
	800 Meters	Steve Hartman	1:57.10	
	10,000 Meters	Dan Schisler	31:50.0	
1993 (2)	400 M Hurdles	Jason Devino	53.4*	Knox
	4x400 Relay	Doug Stenfeldt, Aaron Baker, Shane Bertelsen, Jason Devino	3:23.23	
1994 (3)	400 Meters	Shane Bertelsen	50.11	Ripon
	1500 Meters	Dan Schisler	4:00.71	
	4x400 Relay	Brian Woodard, Doug Stenfeldt, Curtis Vice, Shane Bertelsen	3:24.91	
1995 (5)	High Jump	Jeromy Hogan	6'6"	Coe
	Long Jump	David Thompson	23'3¾"	
	100 Meters	David Thompson	11.24	
	200 Meters	David Thompson	22.28	
	4x100 Relay	David Thompson, Shane Bertelsen, Toby Vallas, Andy Knowles	42.71	
1996 (4)	High Jump	Shawn Maze	6'6"	Carroll
	Long Jump	David Thompson	23'7¼"	
	3000 M Steeple	Jamie Verstraete	9:38.35	
	5000 Meters	Jamie Verstraete	15:29.07	
1997 (4)	Shot Put	Chris Sondgeroth	52'2¾"	Grinnell

	Discus	Chris Sondgeroth	161'8"	
	400 Meters	Rich Johnson	49.18	
	3000 M Steeple	Aaron Venters	9:40.13	
1998 (8)	110 M Hurdles	Dennis Staggs	14.60*	St. Norbert
	400 M Hurdles	Dennis Staggs	55.36	
	Shot Put	Chris Sondgeroth	53'1 ³ / ₄ "	
	Discus	Jim Hardesty	155'6"	
	Javelin	Chris Ferron	184'3"	
	Pole Vault	Aaron Walker	13'6"	
	High Jump	Jeromy Hogan	6'8"	
	4x400 Relay	Rich Johnson, Justin Bryant, David Kimber, Toby Vallas	3:24.37	
1999 (1)	110 M Hurdles	Scott Stanton	15.39	Monmouth
2000 (7)	110 M Hurdles	Scott Stanton	15.01	Lawrence
	400 M Hurdles	Scott Stanton	54.68	
	200 Meters	Justin Bryant	21.84	
	Shot Put	Eric Holmes	48'6"	
	800 Meters	Aaron Calder	1:57.98	
	High Jump	Cort Mills	6'6"	
	Triple Jump	David Hodge	45'5-3/4"	
2001 (5)	4 x 400 M Relay	Justin Bryant, Randy Williams, Ryan Moll, Chris Lacy	3:16.11	Grinnell
	400 M Hurdles	Scott Stanton	55.60	
	110 M Hurdles	Calvin Opgenorth	14.85	
	Shot Put	Eric Holmes	51'8"	
	Triple Jump	David Hodge	46'7-1/2"	
2002 (8)	100 Meters	Keenan King	11.02	Ripon
	800 Meters	Bryan Bittner	1:55.98	
	4 x 100 Relay	Keenan King, Randy Williams, Aaron Olson, Amon Shelby	42.12	
	4 x 400 Relay	Keenan King, Randy Williams, Ryan Moll, Chris Lacy	3:20.51	
	Pole Vault	Keenan King	14'6"	
	Long Jump	C.J. Hollingsworth	22'6-1/2"	
	Triple Jump	David Hodge	45'	
	Shot Put	Tobias Dickerson	49'7-3/4"	
2003 (10)	100 Meters	Keenan King	10.68	Monmouth (Knox host)
	200 Meters	Keenan King	21.56	

	1,500 Meters	Zach Barr	4:02.26	
	110 M Hurdles	Ortez Davis	15.26	
	400 M Hurdles	Blake Boma	53.65	
	Steeplechase	Zach Barr	9:40.13	
	4 x 100 M Relay	Keenan King, Jason Kerr, Ryan Moll, Aaron Olson	42.18	
	4 x 400 M Relay	Keenan King, Nathan Gaskill Ryan Moll, Ortez Davis	3:19.50	
	Pole Vault	Keenan King	16'	
	Shot Put	Matt Copple	46'5-1/2"	
2004 (8)	110 M Hurdles	Ortez Davis	15.15	Ripon
	100 Meters	Blake Boma	11.08	
	400 M Hurdles	Blake Boma	53.63	
	Steeplechase	Zach Barr	9:30.40	
	1500 Meters	Zach Barr	3:54.83	
	200 Meters	Ryan Moll	22.08	
	Triple Jump	Ted Ross	45'4-1/4"	
	Discus	James Blair	151'10"	
2005 (15)	4x100 M Relay	Blake Boma, Bradley Franks, Brad Gross, Tyler Rundle	42.48	Monmouth
	4x400 Relay	Blake Boma Brad Gross, Kel Bond, Adam Rodriguez	3:20.01	
	Steeplechase	Zach Barr	9:08.31*	
	110 M Hurdles	Josh England	15.43	
	1500 Meters	Zach Barr	3:53.06*	
	400 Meters	Tyler Rundle	48.33	
	100 Meters	Blake Boma	10.78	
	400 M Hurdles	Blake Boma	53.53	
	200 Meters	Tyler Rundle	21.76	
	Javelin	Alex Stuart	183'2"	
	Pole Vault	Peter Sprecher	14'11-1/2"	
	Long Jump	Albert Greene	22'4-1/2"	
	Triple Jump	Alex Stuart	46'3-1/2"	
	Shot Put	Jeff Rebholz	50'6-1/4"	
	High Jump	Tim Frank	6'4-1/4"	
2006 (15)	4x100 Relay	Dante Daniels, Aaron Daverin, Bradley Franks,		Grinnell

		Brad Gross	42.11
	110 M Hurdles	Brandon Hurckes	15.61
	400 Meters	Luke Reschke	48.42
	100 Meters	Dante Daniels	10.73
	800 Meters	Kel Bond	1:54.42
	200 Meters	Dante Daniels	21.53
	4x400 Relay	Kel Bond, Dante Daniels, Brad Gross, Josh Reschke	3:19.53
	Javelin	Alex Stuart	191'5"
	Pole Vault	Peter Sprecher	16'4-3/4"
	Long Jump	Alex Stuart	22'11-1/4"
	Triple Jump	Alex Stuart	47'8-1/2"
	Shot Put	Zach Wilson	51'2-1/4"
	Discus	Jeff Rebholz	51'10"
	High Jump	Tim Frank	6'5"
	Hammer Throw	Zach Wilson	171'7"
2007 (18)	100 Meters	Dante Daniels	10.63*
	200 Meters	Dante Daniels	21.36*
	400 Meters	Luke Reschke	48.41
	800 Meters	Kel Bond	1:54.26
	1500 Meters	Kel Bond	4:01.25
	10,000 Meters	Clay Staley	32:21.28
	110 M Hurdles	Brandon Hurckes	15.52
	400 M Hurdles	Brad Gross	56.34
	Steeplechase	Zach Barr	9:29.63
	4x100 Relay	Dante Daniels, Brad Gross, Luke Reschke, Tyler Rundle	41.77*
	4x400 Relay	Dante Daniels, Tyler Rundle, Josh Reschke, Luke Reschke	3:15.47*
	High Jump	Tim Frank	6'4-3/4"
	Pole Vault	Peter Sprecher	15'11-1/4"
	Long Jump	Alex Stuart	22'5-3/4"
	Triple Jump	Alex Stuart	46'11"
	Shot Put	Jeff Rebholz	54'1-3/4"
	Discus	Jeff Rebholz	153'10"
	Hammer Throw	Zach Wilson	176'10"*
2008 (10)	Pole Vault	Jonny Henkins	17'0-3/4"*
	Discus	Zach Wilson	155'5"
	Hammer Throw	Zach Wilson	168'6"
	Javelin	Dan Higgins	194'10"

	Shot Put	Zach Wilson	49'2-1/2"
	1500 Meters	Aaron Etienne	3:56.19
	Steeplechase	Clay Staley	9:17.02
	400 Meters	Luke Reschke	47.74
	400 M Hurdles	Brad Gross	55.40
	4x400 Relay	Luke Reschke, Brad Gross, Aaron Daverin, Jake Stott	3:19.91
2009 (6)	400 M Hurdles	Logan Hohl	53.03*
	4x100 Relay	Shane Reschke, Aaron Daverin, Kyle Prout, Saidu Sesay	41.74*
	4x400 Relay	Shane Reschke, Logan Hohl, Ryan Hardman, Jacob Stott	3:19.56
	High Jump	Tyler Hannam	6'6-3/4"
	Discus	Peyton Lumzy	141'10"
	Javelin	Dan Higgins	193'9"

CONFERENCE CHAMPIONS BY EVENT

Monmouth individual event champions are listed by event and number of titles won each year. Year, athlete name and winning performance are also listed. Events competed in yards are denoted by (Yd). Midwest Conference meet records are denoted by asterisk ().*

110 Yard / 110 Meter High Hurdles (20)	2007	Brandon Hurckes	15.52
1950	Channing Pratt	15.1 (Yd)	
1953	Dick Vogt	15.3 (Yd)	
1954	Dick Vogt	15.2 (Yd)	
1955	Dick Vogt	15.1 (Yd)	
1981	Mike Wolf	15.55	
1985	Peter McNaughton	14.82	
1987	Peter McNaughton	15.76	
1989	Charles Burton	14.7	
1990	Charles Burton	15.07	
1991	Charles Burton	14.68 *	
1992	Charles Burton	14.76	
1998	Dennis Staggs	14.60 *	
1999	Scott Stanton	15.39	
2000	Scott Stanton	15.01	
2001	Calvin Opgenorth	14.85	
2003	Ortez Davis	15.26	
2004	Ortez Davis	15.15	
2005	Josh England	15.43	
2006	Brandon Hurckes	15.61	
220 Yard Low Hurdles (8)	1933	Robert Laxson	25.6
	1943	William Laxson	24.2
	1949	Channing Pratt	25.8
	1951	Channing Pratt	26.0
	1953	Dick Vogt	24.1
	1954	Dick Vogt	24.0
	1955	Dick Vogt	24.6
	1962	Fred Schaper	26.1
400 Meter Intermediate Hurdles (16)	1981	Mike Wolf	54.25 *
	1982	Mike Wolf	54.2
	1989	Charles Burton	54.8
	1990	Jason Devino	55.56
	1991	Jason Devino	55.76
	1992	Jason Devino	54.88
	1993	Jason Devino	53.2 *

1998	Dennis Staggs	55.36
2000	Scott Stanton	54.68
2001	Scott Stanton	55.60
2003	Blake Boma	53.65
2004	Blake Boma	53.63
2005	Blake Boma	53.53
2007	Brad Gross	56.34
2008	Brad Gross	55.40
2009	Logan Hohl	53.50*

100 Yards / 100 Meters (15)

1931	John Weatherly	10.2 (Yd)
1932	John Weatherly	10.1 (Yd)
1951	Bill Smallwood	10.4 (Yd)
1952	Ray Brooks	10.2 (Yd)
1961	Glenn Brooks	9.8 (Yd)
1971	Mike Carter	10.0 (Yd)
1973	John Carter	10.1 (Yd)
1992	Charles Burton	10.87
1995	David Thompson	11.24
2002	Keenan King	11.02
2002	Keenan King	10.68
2004	Blake Boma	11.08
2005	Blake Boma	10.78
2006	Dante Daniels	10.73
2007	Dante Daniels	10.63*

200 Yards / 200 Meters (15)

1931	John Weatherly	22.6 (Yd)
1932	John Weatherly	22.0 (Yd)
1943	William Laxson	22.3 (Yd)
1951	Bill Smallwood	22.8 (Yd)
1961	Glenn Brooks	21.2 (Yd)
1973	John Carter	22.2 (Yd)
1991	Charles Burton	21.59 *
1992	Charles Burton	21.4*
1995	David Thompson	22.28
2000	Justin Bryant	21.84
2002	Keenan King	21.56
2004	Ryan Moll	22.08
2005	Tyler Rundle	21.76
2006	Dante Daniels	21.53*
2007	Dante Daniels	21.36*

440 Yards / 400 Meters (14)

1943	Glen Rankin	51.2 (Yd)
1947	Hugh DeMorest	51.0 (Yd)
1949	John Riggs	49.8 (Yd)
1950	John Riggs	49.5 (Yd)
1952	Bob Gulle	51.2 (Yd)
1962	David Campbell	49.4 (Yd)
1986	Brian Ross	49.87
1991	Charles Burton	47.98 *
1994	Shane Bertelsen	50.11
1997	Rich Johnson	49.18
2005	Tyler Rundle	48.33

2006	Luke Reschke	48.92
2007	Luke Reschke	48.41
2008	Luke Reschke	47.74

880 Yards / 800 Meters (10)

1924	Walter Congdon	1:59.2 (Yd)
1941	Glen Rankin	2:01.0 (Yd)
1961	David Campbell	1:56.1 (Yd)
1962	David Campbell	1:57.9 (Yd)
1991	Jeff McCraven	1:53.69
1992	Steve Hartman	1:57.10
2000	Aaron Calder	1:57.98
2002	Bryan Bittner	1:55.98
2006	Kel Bond	1:54.42
2007	Kel Bond	1:54.26

One Mile / 1500 Meters (10)

1925	Walter Congdon	4:36.6 (Yd)
1926	Walter Congdon	4:30.4 (Yd)
1933	Hugh Matchett	4:36.2 (Yd)
1951	Bob Carlsten	4:24.6 (Yd)
1994	Dan Schisler	4:00.71
2003	Zach Barr	4:02.26
2004	Zach Barr	3:54.83
2005	Zach Barr	3:53.06 *
2007	Kel Bond	4:01.25
2008	Aaron Etienne	3:56.19

2 Miles (7)

1929	Charles Butler	10:12.9 (Yd)
1930	Earl King	9:53.4 (Yd)
1931	Earl King	9:46.8 (Yd)
1932	Earl King	9:51.0 (Yd)
1964	Doug Carlson	9:44.6 (Yd)
1965	Doug Carlson	9:59.8 (Yd)
1966	Doug Carlson	9:46.0 (Yd)

3000 Meter Steeplechase (7)

1996	Jamie Verstraete	9:38.35
1997	Aaron Venters	9:40.13
2003	Zach Barr	9:40.13
2004	Zach Barr	9:30.40
2005	Zach Barr	9:08.31 *
2007	Zach Barr	9:29.63
2008	Clay Staley	9:17.02

3 Miles / 5000 Meters (2)

1969	Ken Kite	15:20.7 (Yd)
1996	Jamie Verstraete	15:29.07

10,000 Meters (2)

1992	Dan Schisler	31:50.0
2007	Clay Staley	32:21.28

Long Jump (15)

1932	Kenneth Kelly	22'1"
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1952	Ray Brooks	21'8¾"
1953	Ray Brooks	21'3 5/8"
1958	Dean Fischer	22'5½"
1960	Glenn Brooks	21'11¾"
1961	Glenn Brooks	24'0¼" *
1979	Rod Slover	23'11½"
1985	Peter McNaughton	22'10½"
1991	Tobias Sumrall	22'9"
1995	David Thompson	23'3¾"
1996	David Thompson	23'7¼"
2002	C.J. Hollingsworth	22'6-1/2"
2005	Albert Greene	22'4-1/2"
2006	Alex Stuart	22'11-1/4"
2007	Alex Stuart	22'5-3/4"

Triple Jump (10)

1985	Roger Well	45'9"
1988	Rick Simmons	43'11"
1991	Todd Stevens	46'6"
2000	David Hodge	45'5-3/4"
2001	David Hodge	46'7-1/2"
2002	David Hodge	45'
2004	Ted Ross	45'4-1/4"
2005	Alex Stuart	46'3-1/2"
2006	Alex Stuart	47'8-1/2"
2007	Alex Stuart	46'11"

High Jump (15)

1927	Jack McIntosh	6'0¾"
1928	Jack McIntosh	6'2"
1929	Jack McIntosh	6'1 7/8"
1984	Eric Ealy	6'6"
1985	Eric Ealy	6'9½" *
1986	Eric Ealy	6'9¾" *
1991	Shawn Strachan	6'6"
1995	Jeromy Hogan	6'6"
1996	Shawn Maze	6'6"
1998	Jeromy Hogan	6'8"
2000	Cort Mills	6'6"
2005	Tim Frank	6'4-1/4"
2006	Tim Frank	6'5"
2007	Tim Frank	6'4-3/4"
2009	Tyler Hannam	6'6-3/4"

Pole Vault (16)

1928	Jack McIntosh	12'4 11/16"
1929	Jack McIntosh	12'3"
1938	James Vipond	11'6"
1939	James Vipond	11'6"
1943	William Laxson	11'0"
1951	Spencer Fasset	12'11"
1954	Keith Droste	12'4"
	James Rasmussen	12'4"
1957	Charles Hartman	12'0"
1998	Aaron Walker	13'6"
2002	Keenan King	14'6"

2003	Keenan King	16'0"
2005	Peter Sprecher	14'11-1/2"
2006	Peter Sprecher	16'4-3/4"*
2007	Peter Sprecher	15'11-1/4"
2008	Jonny Henkins	17'0-3/4"*

Shot Put (14)

1961	Tom Bollman	48'3"
1983	Lance Zedric	53'9½" *
1988	Ross Richardson	50'6"
1989	Ross Richardson	52'4"
1997	Chris Sondgeroth	52'2¾"
1998	Chris Sondgeroth	53'1¾"
2000	Eric Holmes	48'6"
2001	Eric Holmes	51'8"
2002	Tobias Dickerson	49'7-3/4"
2003	Matt Copple	46'5-1/2"
2005	Jeff Rebholz	50'6-1/4"
2006	Zach Wilson	51'2-1/4"
2007	Jeff Rebholz	54'1-3/4"
2008	Zach Wilson	49'2-1/2"

Discus (16)

1931	Robert Porter	126'10"
1948	John Hoyt	124'1"
1950	Jim Schweitzer	136'4"
1971	Terry Hunter	147'9"
1974	Ron Baker	145'9"
1986	Dan Cox	158'3"
1988	John Warfield	153'6"
1989	John Warfield	142'8"
1992	Jose Buckner	156'2"
1997	Chris Sondgeroth	161'8"
1998	Jim Hardesty	155'6"
2004	James Blair	151'10"
2006	Jeff Rebholz	151'10"
2007	Jeff Rebholz	153'10"
2008	Zach Wilson	155'5"
2009	Peyton Lumzy	141'10"

Hammer Throw (3)

2006	Zach Wilson	171'7"*
2007	Zach Wilson	176'10"*
2008	Zach Wilson	168'6"

Javelin (17)

1930	Robert Whiteman	175'6"
1933	Jack Ozburn	175'5"
1963	Ron Wilson	184'8"
1964	Ron Wilson	186'0"
1981	Roger Haynes	174'7"
1982	Roger Haynes	187'5"
1983	Pat Garst	189'2"
1988	David Hillis	180'0"
1989	David Hillis	189'4"
1990	Wayne Hasty	177'7"

1991	David Hillis	196'11"	1951	Gulle-Ford-	
1992	David Hillis	198'3"*		Riggs-Smallwood	3:29.2 (Yd)
1998	Chris Ferron	184'3"	1989	Wolf-Clingan-	
2005	Alex Stuart	183'2"		McCraven-Burton	3:20.24
2006	Alex Stuart	191'5"	1990	Thurness-McCraven-	
2008	Dan Higgins	194'10"		Devino-Burton	3:22.61
2009	Dan Higgins	193'9"	1991	Devino-McCraven-	
				Stephens-Burton	3:21.15
			1993	Stenfheldt-Baker-	
				Bertelsen-Devino	3:23.23
			1994	Woodard-Stenfheldt-	
				Vice-Bertelsen	3:24.91
			1998	Johnson-Bryant-	
				Kimber-Vallas	3:24.37
			2001	Bryant-Williams-	
				Moll-Lacy	3:16.11*
			2002	King-Williams-	
				Moll-Lacy	3:20.51
			2003	King-Gaskill-	
				Moll-Davis	3:19.50
			2005	Boma-Bond-	
				Gross-Rodriguez	3:20.01
			2006	Bond-Daniels-	
				Gross-J. Reschke	3:19.53
			2007	Daniels-Rundle-	
				J. Reschke-	
				L. Reschke	3:15.47*
			2008	L. Reschke-Gross-	
				Daverin-Stott	3:19.91
			2009	S. Reshcke-Hohl	
				Hardman-Stott	3:19.56

4x100 Meter Relay (8)

1991	Sumrall-Stevens-	
	Williams-Burton	42.46 *
1995	Thompson-Bertelsen-	
	Vallas-Knowles	42.71
2002	King-Williams-	
	Olson-Shelby	42.12
2003	King-Kerr-	
	Moll-Olson	42.18
2005	Boma-Franks-	
	Gross-Rundle	42.48
2006	Daniels-Daverin-	
	Franks-Gross	42.11
2007	Daniels-Gross-	
	L. Reschke-Rundle	41.77*
2009	S. Reschke-Daverin	
	Prout-Sesay	41.74*

4x440 Yard / 4x400 Meter Relay (17)

1932	Weatherly-Clark-	
	McDonald-Robinson	3:27.5 (Yd)
1949	Kruidenier-Pratt-	
	Carlsten-DeMorest	3:26.6 (Yd)

INDIVIDUAL/TEAM CONFERENCE MEET RECORDS

Individual Records

MOST INDIVIDUAL CONFERENCE TITLES - SINGLE SEASON

- 5 Charles Burton, 1991 (200, 400, 110HH, 4x100, 4x400)
- 5 Keenan King, 2003 (100, 200, Pole Vault, 4x100, 4x400)
- 4 David Thompson, 1995 (100, 200, LJ, 4x100)
- 4 Keenan King, 2002 (100 Meters, 4x100 Relay, 4x400 Relay, Pole Vault)
- 4 Blake Boma, 2005 (4x100 Relay, 4x400 Relay, 100 Meters, 400 M Hurdles)
- 4 Dante Daniels, 2006 (100 Meters, 200 Meters, 4x100 Relay, 4x400 Relay)
- 4 Dante Daniels, 2007 (100 Meters, 200 Meters, 4x100 Relay, 4x400 Relay)
- 3 John Weatherly, 1932 (100, 220, 4x440)
- 3 William Laxson, 1943 (220, 220LH, PV)
- 3 Bill Smallwood, 1951 (100, 220, 4x440)
- 3 Glenn Brooks, 1961 (100, 220, LJ)
- 3 Charles Burton, 1989 (110HH, 400IH, 4x400)

- 3 Charles Burton, 1992 (100, 200, 110HH)
- 3 Alex Stuart, 2006 (Javelin, Triple Jump, Long Jump)
- 3 Luke Reschke, 2007 (400 Meters, 4x100 Relay, 4x400 Relay)
- 3 Zach Wilson, 2008 (Hammer Throw, Shot Put, Discus)

MOST INDIVIDUAL CONFERENCE TITLES - CAREER

- 13 Charles Burton (1992 - 100, 200, 110HH; 1991 - 200, 400, 110HH, 4x100, 4x400; 1990 - 110HH, 4x400; 1989 - 110HH, 400IH, 4x400)**
- 9 Keenan King (2002 - 100 Meters, 4x100 Relay, 4x400 Relay, Pole Vault; 2003 - 100, 200, Pole Vault, 4x100, 4x400)
- 8 Dante Daniels (2006 -100 Meters, 200 Meters, 4x100 Relay, 4x400 Relay; 2007 - 100 Meters, 200 Meters, 4x100 Relay, 4x400 Relay)
- 8 Brad Gross (2005 – 4x100 Relay, 4x400 Relay; 2006 – 4x100 Relay, 4x400 Relay; 2007 – 400m Hurdles, 4x100 Relay; 2008 – 4x400 Relay, 400m Hurdles)
- 7 Jason Devino (1993 - 400 IH, 4x400; 1992 - 400IH; 1991 - 400IH, 4x400; 400IH, 4x400)
- 7 Blake Boma (2003 – 400 IH; 2004 – 100 Meters, 400 IH; 2005 – 4x100 Relay, 4x400 Relay, 100 Meters, 400 IH)
- 7 Alex Stuart (2005 - Javelin, Triple Jump; 2006 – Javelin, Long Jump, Triple Jump; 2007 – Long Jump, Triple Jump)
- 7 Zach Barr (2003 – 1500 Meters, Steeplechase; 2004 – Steeplechase, 1500 Meters; 2005 – Steeplechase, 1500 Meters; 2007 – Steeplechase)
- 6 Dick Vogt (1955 - 100HH, 220HH; 1954 - 100HH, 220 LH; 1953 - 110HH, 220 LH)
- 6 Zach Wilson (2006 – Shot Put, Hammer Throw; 2007 – Hammer Throw; 2008 – Hammer Throw, Shot Put, Discus)
- 6 Luke Rescke (2006 – 400 Meters; 2007 – 400 Meters, 4x100 Relay, 4x400 Relay; 2008 – 400 Meters, 4x400 Relay)

MOST INDIVIDUAL CONFERENCE TITLES - SAME EVENT

- 4 Jason Devino, 400 Meter Intermediate Hurdles (1990-1993) [Undefeated conference champion]**
- 4 Charles Burton, 100 Meter High Hurdles (1989-1992) [Undefeated conference champion]**
- 4 David Hillis, Javelin (1988-89, 1991-92) [Undefeated conference champion]**
- 4 Zach Barr, Steeplechase (2003-07)**
- 3 Jack McIntosh, HJ (1927-29)
- 3 Earl King, 2 Mile (1930-32)
- 3 Dick Vogt, 100 Yd Hurdles (1953-55)
- 3 Dick Vogt, 220 Yd Hurdles (1953-55)
- 3 Doug Carlson, 2 Mile (1964-66)
- 3 Eric Ealy, High Jump (1984-86)
- 3 Jeff McCraven, 4x400 Relay (1989-91)
- 3 Charles Burton, 4x400 Relay (1989-91)
- 3 Jason Devino, 4x400 Relay (1990-91, 93)

- 3 Blake Boma, 400 IH (2003-05)
- 3 Zach Barr, 1500 Meters (2003-05)
- 3 Alex Stuart, Triple Jump (2005-07)
- 3 Tim Frank, High Jump (2005-07)
- 3 Peter Sprecher, Pole Vault (2005-07)
- 3* Luke Reschke, 400 Meters (2006-08 [*active])
- 3 Brad Gross, 4x100 Relay (2005-07)

Team Records

HIGHEST CONFERENCE MEET PLACE

1st place – 2009, 2008, 2007, 2006, 2005, 2004, 2003, 2002, 2001, 1998, 1997, 1996, 1995, 1992, 1991, 1990, 1986, 1985, 1961, 1954, 1932

HIGHEST CONFERENCE MEET POINT TOTAL

- 337 2006 at Grinnell**
- 307.5 2007 at Ripon
- 299 2005 at Monmouth
- 267 2008 at Knox
- 241 2004 at Ripon
- 231 2003 at Monmouth (Knox hosted)

MOST INDIVIDUAL RELAY/EVENT TITLES - SINGLE SEASON

- 18 2007 at Ripon**
- 15 2005 at Monmouth; 2006 at Grinnell
- 11 1991 at Monmouth

MOST CONSECUTIVE OUTDOOR TRACK TEAM TITLES

- 9 2001-09**
- 4 1995-1998

MOST CONSECUTIVE COMBINED (INDOOR/OUTDOOR) TRACK TEAM TITLES

- 18 Indoor 2001 – Outdoor 2009**
- 8 Indoor 1995-Outdoor 1998

MIDWEST CONFERENCE CHAMPIONSHIPS

MOST OUTSTANDING PERFORMERS – COACH OF THE YEAR

1995				
Meet	David Thompson	1998	Field	Eric Holmes
		Track	Dennis Staggs	
1997			2001	
Field	Chris Sondgeroth	2000	Coach	Roger Haynes

2002	Track Keenan King Coach Roger Haynes	2005	Track Zach Barr, Blake Boma, Tyler Rundle	Field Dante Daniels Alex Stuart, Zach Wilson, Jeff Rebholz
2003	Track Keenan King, Zach Barr Field Keenan King Coach Roger Haynes	Field Alex Stuart Coach Roger Haynes	2006	Track Luke Reschke Field Jonny Henkins, Zach Wilson Coach Roger Haynes
2004	Track Zach Barr, Blake Boma Coach Roger Haynes	Track Dante Daniels Field Alex Stuart, Zach Wilson Coach Roger Haynes	2007	2008
		Track Kel Bond,	Track Logan Hohl Field Peyton Lumzy	

NCAA DIVISION III NATIONAL CHAMPIONSHIPS TEAM RESULTS

Year	Place	Points	Host
1985	56th	3	Denison (Granville, Ohio)
1986	25th	10	UW-LaCrosse (LaCrosse, Wisconsin)
1987	48th	5	North Central (Naperville, Illinois)
1988	46th	2	Carleton (Northfield, Minnesota)
1989	74th	1	North Central (Naperville, Illinois)
1990	47th	5	North Central (Naperville, Illinois)
1991	19th	11	Baldwin-Wallace (Berea, Ohio)
1992	7th	30	Colby (Waterville, Maine)
1993	62nd	1	Baldwin-Wallace (Berea, Ohio)
1995	54th	4	Carleton (Northfield, Minnesota)
1996	61st	2	North Central (Naperville, Illinois)
1997	40th	6	UW-LaCrosse (LaCrosse, Wisconsin)
1998	43rd	5	Macalester (St. Paul, Minnesota)
1999	71st	1	Baldwin-Wallace (Berea, Ohio)
2000	T67th	2	North Central College (Naperville, Illinois)
2001	16th	14.5	Millikin University (Decatur, Illinois)
2002	T47th	5	Macalester College (St. Paul, Minnesota)
2003	8th	18.5	St. Lawrence Univ. (Canton, NY)
2004	T46th	6	Millikin (Decatur, Illinois)
2005	13 th	20	Wartburg (Waverly, Iowa)
2006	T23rd	12	Benedictine (Lisle, Illinois)
2007	3 rd	28	UW-Oshkosh (Oshkosh, Wis.)
2008	10 th	22	UW-Oshkosh (Oshkosh, Wis.)
2009	T62nd	3	Marietta College (Marietta, Ohio)

NCAA DIVISION III NATIONAL CHAMPIONSHIPS

NATIONAL QUALIFIERS BY YEAR

(Includes Provisional Qualifiers)

Monmouth individual national qualifiers are listed chronologically by year and number of qualifiers (counted by events). Provisional qualifiers who did not make the NCAA Meet field are denoted by an asterisk ().*

Year	Athlete	Event
1979 (1)	Rod Slover	Long Jump
1980 (1)	Rod Slover	Long Jump
1981 (1)	Mike Wolf	400m Hurdles
1983 (1)	Lance Zedric	Shot Put
1984 (2)	Roger Well	Decathlon
	Dan Cox	Discus
1985 (3)	Eric Ealy	High Jump
	Roger Well	Decathlon
	Peter McNaughton	110m Hurdles
1986 (3)	Eric Ealy	High Jump
	Roger Well	Decathlon
	Dan Cox	Discus
1987 (2)	Peter McNaughton	110m Hurdles
	Dan Cox	Discus
1988 (2)	Ross Richardson	Shot Put
	John Warfield	Discus
1989 (3)	Ross Richardson	Shot Put
	Charles Burton	400m Hurdles, 110m Hurdles
1990 (4)	Charles Burton	400m Hurdles, 110m Hurdles, 200 meters
	Brent Thurness, Jeff McCraven, Jason Devino, Charles Burton	4x400 Relay
1991 (7)	Charles Burton	400m Hurdles, 110m Hurdles, 400 meters, 200 meters
	David Hillis	Javelin
	Tobias Sumrall	Long Jump
	Tobias Sumrall, Todd Stevens, Tony Williams, Charles Burton	4x100 Relay
1992 (12)	Charles Burton	400m Hurdles, 110m Hurdles, 400 meters, 100 meters
	Jeff McCraven	800 meters
	David Hillis	Javelin
	Steve Hartman	3000 meter Steeplechase
	Jason Devino	400m Hurdles
	Dan Schisler	10,000 meters, 5000 meters
	Jose Buckner	Discus

1993 (3)	Jason Devino, Jeff McCraven, Shane Bertelsen, Charles Burton Jose Buckner Jason Devino Dan Schisler	4x400 Relay Discus 400m Hurdles 10,000 meters
1995 (3)	David Thompson Jim Hardesty	200 meters, Long Jump Discus
1996 (7)	David Thompson Dennis Staggs Jim Hardesty David Thompson, Brett Newnam, Andy Knowles, Joel Hagaman	200 meters, Long Jump, 100 meters *, Triple Jump* 110m Hurdles Discus *
1997 (8)	Chris Sondgeroth Jim Hardesty Brian Houzenga Brian Woodard Dennis Staggs Bob Lindstrom Rich Johnson, Toby Vallas, David Kimber, Brian Houzenga	4x100 Relay * Shot Put, Discus Discus 200 meters 400m Hurdles * 110m Hurdles * Shot Put *
1998 (6)	Chris Sondgeroth Jim Hardesty Dennis Staggs Justin Bryant Rich Johnson, Toby Vallas, David Kimber, Justin Bryant	4x400 Relay Shot Put Discus 110m Hurdles 100m *, 200m *
1999 (1)	Cort Mills	4x400 Relay High Jump
2000 (5)	Cort Mills Scott Stanton Eric Holmes Justin Bryant Justin Bryant, Matt Beverly, David Hodge, Amon Shelby	High Jump 110m Hurdles Shot Put 200 meters
2001 (6)	Eric Holmes Cort Mills Calvin Opgenorth Scott Stanton Matt Beverly, Justin Bryant, Calvin Opgenorth, Amon Shelby Aaron Walker	4x100 Relay Shot Put High Jump 110m Hurdles 110m Hurdles
2002 (3)	Keenan King, Randy Williams, Ryan Moll, Chris Lacy Scott Stanton Keenan King	4x100 Relay Pole Vault 4x400 Relay 110m Hurdles* Pole Vault*

2003 (8)	Keenan King	100 meters, 200 meters, Pole Vault, 400 meters*
	Dontel Thomas	110m Hurdles*
	Ryan Moll	200 meters
	Jason Kerr, Keenan King	
	Ryan Moll, Aaron Olson	4x100 Relay
	Blake Boma, Nathan Gaskill, Keenan King, Ryan Moll	4x400 Relay*
2004 (7)	Bryan Bittner	800 meters
	Blake Boma	400m Hurdles
	Ortez Davis	400m Hurdles, 110m Hurdles*
	Bryan Bittner, Ryan Moll	
	Ortez Davis, Blake Boma	4x400 Relay
	Jason Killion	Long Jump*
	Albert Greene	Triple Jump*
2005 (12)	Blake Boma	100 Meters*, 400m Hurdles
	Tyler Rundle	200 Meters, 400 Meters
	Kel Bond	800 Meters*
	Zach Barr	1500 Meters*, Steeplechase
	Blake Boma, Kel Bond, Bradley Gross, Tyler Rundle	4x400 Relay
	Albert Greene	Triple Jump*
	Alex Stuart	Triple Jump*
	Jeff Rebholz	Shot Put*
	Tim Frank	High Jump*
2006 (14)	Kel Bond	800 Meters*
	Dante Daniels	100 Meters, 200 Meters
	Dante Daniels, Josh Rescke, Luke Reschke, Tyler Rundle	4x400 Relay
	Tim Frank	High Jump
	Albert Greene	Triple Jump, Long Jump*
	Jonny Henkins	Pole Vault
	Luke Reschke	400 Meters*
	Peter Sprecher	Pole Vault
	Alex Stuart	Triple Jump, Javelin
	Zach Wilson	Shot Put, Hammer Throw*
2007 (15)	Zach Barr	Steeplechase
	Dante Daniels	100 Meters, 200 Meters
	Dante Daniels, Aaron Daverin, Luke Reschke, Tyler Rundle	4x100 Relay
	Dante Daniels, Tyler Rundle, Josh Reschke, Luke Reschke	4x400 Relay
	Jonny Henkins	Pole Vault
	Jeff Rebholz	Discus, Shot Put
	Luke Reschke	400 Meters
	Peter Sprecher	Pole Vault

	Clay Staley	Steeplechase*
	Alex Stuart	Triple Jump, Javelin*
	Zach Wilson	Hammer Throw, Shot Put*
2008 (9)	Zach Wilson	Hammer Throw, Discus
	Jonny Henkins	Pole Vault
	Peter Sprecher	Pole Vault
	Dan Higgins	Javelin*
	Luke Reschke	400 Meters
	Brock McAnally	Pole Vault*
	Clay Staley	Steeplechase
	Aaron Daverin, Jake Stott,	
	Brad Gross, Luke Reschke	4x400 Relay*
2009 (6)	Logan Hohl	400m Hurdles, 100m Hurdles*
	Tyler Hannam	High Jump*
	Shane Reschke, Aaron Daverin,	
	Kyle Prout, Saidu Sesay	4x100 Relay*
	Dan Higgins	Javelin*
	Sam Cokinos	Shot Put*

NATIONAL QUALIFIERS BY EVENT

Lists only those athletes who competed or were in the field at the National Meet.

110 Meter High Hurdles (12)

1985	Peter McNaughton
1987	Peter McNaughton
1989	Charles Burton
1990	Charles Burton
1991	Charles Burton
1992	Charles Burton
1996	Dennis Staggs
1997	Dennis Staggs
1998	Dennis Staggs
2000	Scot Stanton
2001	Scott Stanton, Calvin Opgenorth

400 Meter Hurdles (12)

1981	Mike Wolf
1989	Charles Burton
1990	Charles Burton
1991	Charles Burton
1992	Charles Burton, Jason Devino
1993	Jason Devino
1997	Brian Woodard
2004	Ortez Davis

Blake Boma

2005	Blake Boma
2009	Logan Hohl

100 Meters (6)

1992	Charles Burton
1996	David Thompson
1998	Justin Bryant
2003	Keenan King
2006	Dante Daniels
2007	Dante Daniels

200 Meters (12)

1990	Charles Burton
1991	Charles Burton
1995	David Thompson
1996	David Thompson
1997	Brian Houzenga
1998	Justin Bryant
2000	Justin Bryant
2003	Keenan King
	Ryan Moll

2005 Tyler Rundle
2006 Dante Daniels
2007 Dante Daniels

400 Meters (5)

1991 Charles Burton
1992 Charles Burton
2005 Tyler Rundle
2007 Luke Reschke
2008 Luke Reschke

800 Meters (2)

1992 Jeff McCraven
2004 Bryan Bittner

1500 Meters (0)

None

3000 Meter Steeplechase (4)

1992 Steve Hartman
2005 Zach Barr
2007 Zach Barr
2008 Clay Staley

5000 Meters (1)

1992 Dan Schisler

10,000 Meters (2)

1992 Dan Schisler
1993 Dan Schisler

Long Jump (5)

1979 Rod Slover
1980 Rod Slover
1991 Tobias Sumrall
1995 David Thompson
1996 David Thompson

Triple Jump (4)

1996 David Thompson
2006 Albert Greene, Alex Stuart
2007 Alex Stuart

High Jump (6)

1985 Eric Ealy
1986 Eric Ealy

1999 Cort Mills
2000 Cort Mills
2001 Cort Mills
2006 Tim Frank

Pole Vault (8)

2001 Aaron Walker
2003 Keenan King
2006 Peter Sprecher, Jonny Henkins
2007 Peter Sprecher, Jonny Henkins
2008 Peter Sprecher, Jonny Henkins

Hammer Throw (2)

2007 Zach Wilson
2008 Zach Wilson

Shot Put (9)

1983 Lance Zedric
1988 Ross Richardson
1989 Ross Richardson
1997 Chris Sondgeroth, Bob
Lindstrom
1998 Chris Sondgeroth
2000 Eric Holmes
2001 Eric Holmes
2007 Jeff Rebholz

Discus (13)

1984 Dan Cox
1986 Dan Cox
1987 Dan Cox
1988 John Warfield
1992 Jose Buckner
1993 Jose Buckner
1995 Jim Hardesty
1996 Jim Hardesty
1997 Jim Hardesty, Chris Sondgeroth
1998 Jim Hardesty
2007 Jeff Rebholz
2008 Zach Wilson

Javelin (3)

1991 David Hillis
1992 David Hillis
2006 Alex Stuart

Decathlon (3)

1984 Roger Well
1985 Roger Well
1986 Roger Well

4x100 Meter Relay (6)

1991 Sumrall-Stevens-Williams-Burton
1996 Thompson-Newnam-Knowles-Hagaman
2000 Bryant-Beverly-Hodge-Shelby
2001 Bryant-Beverly-Opgenorth-Shelby
2003 Kerr-King-Moll-Olson
2007 Daniels-Daverin-L. Reschke-Rundle

4x400 Meter Relay (9)

1990 Thurness-McCraven-Devino-Burton
1992 Devino-McCraven-Bertelsen-Burton
1997 Johnson-Vallas-Kimber-Houzenga
1998 Johnson-Vallas-Kimber-Bryant
2002 King-Williams-Moll-Lacy
2004 Boma-Davis-Moll-Bittner
2005 Boma-Bond-Gross-Rundle
2006 Daniels-Rundle-J. Reschke-L. Reschke
2007 Daniels-Rundle-J. Reschke-L. Reschke

NCAA ALL-AMERICANS

The top eight finishers in each event earn NCAA All-American status for outdoor track and field.

Year	Athlete	Event	Place
1985 (1)	Eric Ealy	High Jump	5th place (tie)
1986 (1)	Eric Ealy	High Jump	1st place
1987 (1)	Peter McNaughton	110m Hurdles	4th place
1988 (1)	Ross Richardson	Shot Put	7th place
1989 (1)	Ross Richardson	Shot Put	8th place
1990 (2)	Charles Burton	400m Hurdles	6th place
	Charles Burton	200 meters	7th place
1991 (2)	Charles Burton	400 meters	3rd place
	Charles Burton	200 meters	4th place
1992 (6)	Charles Burton	400m Hurdles	1st place
	Charles Burton	110m Hurdles	5th place
	Jason Devino	400m Hurdles	3rd place
	Steve Hartman	3000m SC	4th place
	David Hillis	Javelin	8th place
	Jason Devino, Jeff McCraven, Shane Bertelsen, Charles Burton	4x400 Relay	5th place
1993 (1)	Jose Buckner	Discus	8th place
1995 (1)	David Thompson	200 meters	5th place
1996 (1)	David Thompson	200 meters	7th place
1997 (1)	Chris Sondgeroth	Shot Put	3rd place
1998 (1)	Chris Sondgeroth	Shot Put	4th place

1999 (1)	Cort Mills	High Jump	8 th place
2000 (1)	Scott Stanton	110m Hurdles	7 th place
2001 (4)	Cort Mills	High Jump	T4 th place
	Eric Holmes	Shot Put	4 th place
	Scott Stanton	110m Hurdles	5 th place
	Calvin Opgenorth	110m Hurdles	8 th place
2002 (1)	Keenan King, Randy Williams, Ryan Moll, Chris Lacy	4x400 Relay	4 th place
2003 (3)	Keenan King	Pole Vault	4 th place
	Keenan King	100 meters	3 rd place
	Keenan King	200 meters	2 nd place
2004 (1)	Blake Boma	400m Hurdles	3 rd place
2005 (2)	Zach Barr	Steeplechase	1st place
	Blake Boma	400m Hurdles	1st place
2006 (3)	Jonny Henkins	Pole Vault	5 th place
	Albert Greene	Triple Jump	3 rd place
	Alex Stuart	Triple Jump	7 th place
2007 (5)	Zach Barr	Steeplechase	5 th place
	Dante Daniels, Tyler Rundle, Josh Reschke, Luke Reschke	4x400 Relay	2 nd place
	Jeff Rebholz	Shot Put	6 th place
	Luke Reschke	400 meters	6 th place
	Peter Sprecher	Pole Vault	1st place
	2008 (4)	Jonny Henkins	Pole Vault
Peter Sprecher		Pole Vault	6 th place
Luke Reschke		400 Meters	3 rd place
Zach Wilson		Hammer Throw	6 th place
2009 (1)	Logan Hohl	400m Hurdles	6 th place

INDIVIDUAL/TEAM MEET RECORDS

National Qualifier Records

MOST INDIVIDUAL NATIONAL QUALIFICATIONS - SINGLE SEASON

- 5 David Thompson, 1996 (100m, 200m, LJ, TJ, 4x100)**
- 5 Charles Burton, 1992 (100m, 400m, 110m hurdles, 400m hurdles, 4x400)**
- 5 Charles Burton, 1991 (200m, 400m, 110m hurdles, 400m hurdles, 4x100)**
- 4 Charles Burton, 1990 (110m hurdles, 400m hurdles, 200m, 4x400); Keenan King, 2003 (100m, 200m, Pole Vault, 4x100 relay)
- 4 Dante Daniels, 2007 (100m, 200m, 4x100 relay, 4x400 relay)

MOST INDIVIDUAL NATIONAL QUALIFICATIONS - CAREER

- 16 Charles Burton (1989 - 110m hurdles, 400m hurdles; 1990 - 110m hurdles, 400m hurdles, 200m, 4x400; 1991 - 200m, 400m, 110m hurdles, 400m hurdles, 4x100; 1992 - 100m, 400m, 110m hurdles, 400m hurdles, 4x400)**
- 7 David Thompson (1995 - 200m, LJ; 1996 - 100m, 200m, LJ, TJ, 4x100)
- 7 Dante Daniels (2006 – 100m, 200m, 4x400 relay; 2007 – 100m, 200m, 4x100 relay, 4x400 relay)
- 6 Justin Bryant (1998 - 100m, 200m, 4x400; 2000 – 200m, 4x100; 2001 – 4x100)
- 6 Keenan King (2002 – 4x400; 2003 – 100m, 200m, Pole Vault, 4x100 relay)
- 6 Blake Boma (2003 – 4x400; 2004 – 400 IH, 4x400; 2005 – 400 IH, 100 Meters, 4x400)
- 6 Tyler Rundle (2005 – 200 Meters, 400 Meters, 4x400 Relay; 2006 – 4x400 Relay; 2007 – 4x100 Relay, 4x400 Relay)
- 5 Luke Reschke (2006 – 4x400 relay; 2007 – 400 Meters, 4x100 relay, 4x400 relay; 2008 – 400 Meters)
- 5 Blake Boma (2003 – 4x400 Relay; 2004 – 400m Hurdles, 4x400 Relay; 2005 – 400m Hurdles, 4x400 Relay)
- 4 Jason Devino (1990 - 4x400; 1992 - 400m hurdles, 4x400; 1993 - 400m hurdles)
- 4 Jim Hardesty (1995-98 - DS)
- 4 Ryan Moll (2004 – 4x400 Relay, 2003 – 4x100 Relay, 200 Meters, 2002 – 4x400 Relay)

MOST INDIVIDUAL NATIONAL QUALIFICATIONS - SAME EVENT

- 4 Jim Hardesty, Discus (1995-98)**
- 4 Charles Burton, 400m hurdles (1989-92)**
- 4 Charles Burton, 110m hurdles (1989-92)**
- 3 Roger Well, Decathlon (1984-86)
- 3 Dennis Staggs, 110m hurdles (1996-98)
- 3 Dan Cox, Discus (1984, 1986-87)
- 3 Cort Mills, High Jump (1999-2001)
- 3 Blake Boma, 4x400 (2003-05)
- 3 Albert Greene, Triple Jump (2003-06)
- 3 Peter Sprecher, Pole Vault (2006-08)
- 3 Jonny Henkins, Pole Vault (2006-08)

MOST TEAM NATIONAL QUALIFIERS - SINGLE SEASON

- 12 2007 at UW-Oshkosh**
- 12 1992 at Colby**

MOST NATIONAL QUALIFIERS IN SAME EVENT - SINGLE SEASON

- 2 400 meter hurdles, 1992 (Charles Burton, Jason Devino)**
- 2 Discus, 1997 (Chris Sondgeroth, Jim Hardesty)**
- 2 Shot Put, 1997 (Chris Sondgeroth, Bob Lindstrom)**
- 2 110m Hurdles, 2001 (Scott Stanton, Calvin Opgenorth)**
- 2 200 Meters, 2003 (Keenan King, Ryan Moll)**
- 2 Hurdles, 2004 (Blake Boma, Ortez Davis)**
- 2 Triple Jump, 2006 (Albert Greene, Alex Stuart)**
- 2 Pole Vault, 2007 (Peter Sprecher, Jonny Henkins)**

2 Pole Vault, 2008 (Peter Sprecher, Jonny Henkins)

All-American Records

HIGHEST INDIVIDUAL NATIONAL MEET PLACE

- 1st place (National Champion) - Eric Ealy, 1986 (High Jump)**
- 1st place (National Champion) - Charles Burton, 1992 (400m Hurdles)**
- 1st place (National Champion) – Zach Barr, 2005 (Steeplechase)**
- 1st place (National Champion) – Blake Boma, 2005 (400m Hurdles)**
- 1st place (National Champion) – Peter Sprecher, 2007 (Pole Vault)**
- 1st place (National Champion) – Jonny Henkins, 2008 (Pole Vault)**
- 2nd place – Keenan King, 2003 (200m)
- 2nd place – Dante Daniels, Tyler Rundle, Josh Reschke, Luke Reschke, 2007 (4x400 Relay)
- 3rd place – Charles Burton, 1991 (400m)
- 3rd place – Jason Devino, 1992 (400m hurdles)
- 3rd place – Chris Sondgeroth, 1997 (SP)
- 3rd place – Keenan King, 2003 (100m)
- 3rd place – Blake Boma, 2004 (400m Hurdles)
- 3rd place – Albert Greene, 2006 (Triple Jump)
- 3rd place – Luke Reschke, 2008 (400 Meters)

MOST INDIVIDUAL ALL-AMERICAN AWARDS - SINGLE SEASON

- 3 Keenan King, 2003 (Pole Vault, 100, 200)**
- 3 Charles Burton, 1992 (400m hurdles, 110m hurdles, 4x400)**
- 2 Charles Burton, 1991 (200, 400), 1990 (400m hurdles, 200)
- 2 Jason Devino, 1992 (400m hurdles, 4x400)
- 2 Luke Reschke, 2007 (400, 4x400)

MOST INDIVIDUAL ALL-AMERICAN AWARDS - CAREER

- 7 Charles Burton (1992 - 400m hurdles, 110m hurdles, 4x400; 1991 - 400, 200; 1990 - 400m hurdles, 200m)**
- 4 Keenan King (2002, 4x400 relay; 2003, Pole Vault, 100 meters, 200 meters)
- 3 Luke Reschke (2007 – 400 meters, 4x400 relay; 2008 – 400 meters)
- 2 Eric Ealy (1985, 1986 - high jump)
- 2 Ross Richardson (1988, 1989 - shot put)
- 2 Jason Devino (1992 - 400 hurdles, 4x400)
- 2 David Thompson (1995, 1996 - 200 meters)
- 2 Cort Mills (1999, 2001 – High Jump)
- 2 Scott Stanton (2000, 2001 – 110m Hurdles)
- 2 Zach Barr (2005, 2007 – Steeplechase)
- 2 Peter Sprecher (2007, 2008 – Pole Vault)

MOST INDIVIDUAL ALL-AMERICAN AWARDS - SAME EVENT

- 2 Eric Ealy, high jump (1985, 1986)**
- 2 Ross Richardson, shot put (1988, 1989)**

- 2 Charles Burton, 400m hurdles (1990, 1992), 200m (1990, 1991)
- 2 David Thompson, 200m (1995, 1996)
- 2 Cort Mills, high jump (1999, 2001)
- 2 Scott Stanton, 110m Hurdles (2000, 2001)
- 2 Zach Barr, steeplechase (2005, 2007)
- 2 Peter Sprecher, pole vault (2007, 2008)
- 2 Luke Reschke, 400m (2007, 2008)

MOST TEAM ALL-AMERICAN AWARDS - SINGLE SEASON

- 6 1992 at Colby (400m hurdles [2], 3000 SC, 110m hurdles, 4x400, Javelin)

MOST TEAM ALL-AMERICANS IN SAME EVENT - SINGLE SEASON

- 2 400 meter hurdles, 1992 (Charles Burton - 1st, Jason Devino - 3rd)
- 2 110m Hurdles, 2001 (Scott Stanton – 5th, Calvin Opgenorth – 8th)
- 2 Triple Jump, 2006 (Albert Greene – 3rd, Alex Stuart – 7th)
- 2 Pole Vault, 2008 (Jonny Henkins – 1st, Peter Sprecher – 6th)

TEAM RECORDS

HIGHEST TEAM NATIONAL MEET PLACE

- 3rd place – 2007 at UW-Oshkosh (28 pts.)
- 7th place - 1992 at Colby (30 pts.)

HIGHEST TEAM NATIONAL MEET POINT TOTAL

- 30 points - 1992 at Colby (7th place)

MONMOUTH MEN'S OUTDOOR TRACK & FIELD VARSITY RECORDS

110 METER HURDLES	Peter McNaughton Calvin Opgenorth	14.34 (converted) 14.34	1987 2001
400 METER HURDLES	Charles Burton	51.65	1992
100 METERS	Dante Daniels	10.49	2006
200 METERS	Dante Daniels	21.33	2007
400 METERS	Luke Reschke	47.60	2007
800 METERS	Byran Bittner	1:51.64	2004
1500 METERS	Zach Barr	3:53.06	2005
3000 STEEPLECHASE	Zach Barr	8:56.40	2005
3000 METERS	Anthony Welty	8:58.43	2005
5000 METERS	Dan Schisler	14:43.05	1992
10,000 METERS	Dan Schisler	30:45.21	1992
HIGH JUMP	Eric Ealy	6'10-3/4"	1986
LONG JUMP	David Thompson	24'9-1/2"	1996
TRIPLE JUMP	Albert Greene	48'10-1/4"	2006
POLE VAULT	Peter Sprecher	17'4-1/2"	2008
SHOT PUT	Chris Sondgeroth	54'8-1/4"	1997
DISCUS	Jeff Rebholz	168'5"	2007
HAMMER THROW	Zach Wilson	181'1"	2007
JAVELIN	Roger Haynes	205'8"	1982
DECATHLON	Roger Well	6,623 points	1985
4x100 RELAY	Daniels, Daverin L. Reschke, Rundle	41.26	2007
4x200 RELAY	Bryant, Johnson, Vallas, Houzenga	1:27.26	1998

4x400 RELAY	Daniels, Rundle, J. Reschke, L. Reschke	3:11.57	2006
SPRINT MEDLEY	Daniels, Gross, J. Reschke, Bond	3:25.68	2007
4x800 RELAY	Barr, Bittner, Bond, Morrison	7:57.06	2004
DISTANCE MEDLEY	Welty, Rundle Bond, Barr	10:05.61	2005
4x1600 RELAY	Bond, Staley, Eitenne, Barr	17:13.56	2007
HURDLE SHUTTLE	Haynes, Eubanks, Lehr, Wolf	1:03.8	1981

MONMOUTH MEN'S OUTDOOR TRACK & FIELD FRESHMAN RECORDS

110 METER HURDLES	Calvin Opgenorth	14.34	2001
400 METER HURDLES	Charles Burton	53.09	1989
100 METERS	Justin Bryant	10.81	1998
200 METERS	Brian Houzenga	21.70	1997
400 METERS	Ryan Moll	49.16	2001
800 METERS	David Mannon	1:55.08	1982
1500 METERS	Kel Bond	3:59.86	2004
3000 M STEEPLECHASE	Clay Staley	9:23.63	2007
3000 METERS	Dan Schisler	9:12.6	1991
5000 METERS	Clay Staley	15:27.76	2007
10,000 METERS	Dan Schisler	32:38.47	1991
HIGH JUMP	Cort Mills	6'8"	1998
	Shawn Strachan	6'8"	1988
LONG JUMP	David Thompson	23'11"	1995

TRIPLE JUMP	Albert Greene	46'7"	2003
POLE VAULT	Brock McAnally	15'5"	2008
SHOT PUT	Eric Holmes	50'4"	1998
DISCUS	Jose Buckner	162'4"	1992
HAMMER THROW	James Blair	141'9'	2004
JAVELIN	David Hillis	180'0"	1988
DECATHLON	Roger Well	5,736 points	1983

ALL-TIME TOP TEN PERFORMANCES and ALL-TIME TOP TEN INDIVIDUALS (By Event)

The following lists include the top ten all-time Monmouth performances and top ten Monmouth individuals in each track and field event. The performance lists include all regular-season and post-season competition and may include the same athlete more than once. Only an athlete's best career performance may be ranked on the top ten individual list. The performance list shows the year and site of the performance; the individual list shows only the season in which the performance was recorded. Where necessary, manual times (MT) for track events have been converted to fully-automatic times (FAT) by adding 0.24 seconds and are denoted by a "C" after the time.

<p>110-METER HIGH HURDLES Performance:</p> <p>1) 14.34C Peter McNaughton, 1987 (Augustana) 14.34 Calvin Opgenorth, 2001 (UW-LaCrosse)</p> <p>2) 14.38 Peter McNaughton, 1987 (NCAA-North Central)</p> <p>3) 14.44C Peter McNaughton, 1987 (Augustana)</p> <p>4) 14.45 Scott Stanton, 2000 (Monmouth)</p> <p>5) 14.50 Charles Burton, 1989 (Western Illinois)</p> <p>6) 14.52 Scott Stanton, 2001 (LaCrosse)</p> <p>7) 14.53 Calvin Opgenorth, 2001 (NCAA-Millikin)</p> <p>8) 14.54C Peter McNaughton, 1985 (Monmouth)</p> <p>9) 14.57 Scott Stanton, 2001 (Millikin, LaCrosse)</p> <p>10) 14.60 Dennis Staggs, 1998 (Conf-St. Norbert) 14.60 Calvin Opgenorth, 2001 (Illinois Wesleyan)</p>	<p>Individual:</p> <p>1) 14.34C Peter McNaughton, 1987 (Augustana) 14.34 Calvin Opgenorth, 2001 (UW-LaCrosse)</p> <p>3) 14.45 Scott Stanton, 2000 (Monmouth)</p> <p>4) 14.50 Charles Burton, 1989 (WIU)</p> <p>5) 14.60 Dennis Staggs, 1998 (Conf-St. Norbert) 14.60 Calvin Opgenorth, 2001 (Illinois Wesleyan)</p> <p>7) 14.71 Dontel Thomas, 2003</p> <p>8) 14.80 Logan Hohl, 2009 (Augustana)</p> <p>9) 14.86 Ortez Davis, 2004</p> <p>10) 15.14 Brian Woodard, 1996</p>
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<p>400 METER INTERMEDIATE HURDLES</p> <p>Performance:</p> <ol style="list-style-type: none"> 1) 51.65 Charles Burton, 1992 (NCAA-Colby) 2) 51.78 Blake Boma, 2005 (NCAA-Wartburg) 3) 52.02 Blake Boma, 2004 (NCAA-Millikin) 4) 52.04 Blake Boma, 2005 (Augustana) 5) 52.20 Charles Burton, 1992 (Eastern Illinois) 6) 52.30 Charles Burton, 1990 (NCAA-North Central) 7) 52.32 Blake Boma, 2004 (NCAA-Millikin) 8) 52.34C Charles Burton, 1992 (NCAA-Colby) 9) 52.36 Charles Burton, 1992 (Drake) 10) 52.40 Ortez Davis, 2004 (Augustana) 	<p>Individual:</p> <ol style="list-style-type: none"> 1) 51.65 Charles Burton, 1992 (NCAA-Colby) 2) 51.78 Blake Boma, 2005 (NCAA-Wartburg) 3) 52.40 Ortez Davis, 2004 (Augustana) 4) 52.56 Logan Hohl, 2009 (North Central) 5) 52.89 Jason Devino, 1992 6) 53.26 Mike Wolf, 1982 7) 54.06 Scott Stanton, 2001 8) 54.20 Aaron Baker, 1993 9) 54.34 Brian Woodard, 1997 10) 55.36 Dennis Staggs, 1998
<p>100 METER DASH</p> <p>Performance:</p> <ol style="list-style-type: none"> 1) 10.49 Dante Daniels, 2006 (Coe) 2) 10.63 Dante Daniels, 2007 (Conf-Ripon, Central) 3) 10.68 Keenan King, 2003 (Conf-Monmouth/Knox host) 4) 10.70 Keenan King, 2003 (NCAA – St. Lawrence) 5) 10.71 Dante Daniels, 2007 (Benedictine) 6) 10.72 Dante Daniels, 2007 (Central) 7) 10.73 Charles Burton, 1992 (Coe) 10.73 Dante Daniels, 2006 (Conf-Grinnell) 8) 10.74 Keenan King, 2003 (Wartburg) 9) 10.75 David Thompson, 1996 (Monmouth) 10) 10.76 David Thompson, 1996 (Monmouth) Justin Bryant, 2000 (Monmouth) 	<p>Individual:</p> <ol style="list-style-type: none"> 1) 10.49 Dante Daniels, 2006 (Coe) 2) 10.68 Keenan King, 2003 (Conf-Monmouth/Knox host) 3) 10.73 Charles Burton, 1992 (Coe) 4) 10.75 David Thompson, 1996 (Monmouth) 5) 10.76 Justin Bryant, 2000 (Monmouth) 6) 10.78 Blake Boma, 2005 (Conf-Monmouth) 7) 10.89 Matt Beverly, 2001 10.89 Bradley Franks, 2005 (Conf-Monmouth) 9) 10.93 James Charles, 1992 10.93 Aaron Daverin, 2007 (Benedictine)
<p>200 METER DASH</p> <p>Performance:</p> <ol style="list-style-type: none"> 1) 21.33 Dante Daniels, 2007 (NCAA-UW-Oshkosh) 2) 21.36 Dante Daniels, 2007 (Conf-Ripon) 3) 21.40 Keenan King, 2003 (NCAA-St. Lawrence) 4) 21.41 David Thompson, 1996 (NCAA-North Central) 5) 21.44 Keenan King, 2003 (Conf-Monmouth - - Knox host) 21.44 Dante Daniels, 2006 (Coe) 6) 21.47 Dante Daniels, 2007 (Benedictine) 7) 21.50 Keenan King, 2003 (Wartburg) 21.50 Dante Daniels, 2006 (NCAA-Benedictine) 8) 21.51 Justin Bryant, 2000 (Monmouth) 9) 21.53 Dante Daniels, 2006 (Conf-Grinnell) 10) 21.55 David Thompson, 1996 (Monmouth) 	<p>Individual:</p> <ol style="list-style-type: none"> 1) 21.33 Dante Daniels, 2007 (NCAA-UW-Oshkosh) 2) 21.40 Keenan King, 2003 (NCAA-St. Lawrence) 3) 21.41 David Thompson, 1996 (NCAA-North Central) 4) 21.51 Justin Bryant, 2000 (Monmouth) 5) 21.57 Tyler Rundle, 2005 (Wartburg) 6) 21.59 Charles Burton, 1991 21.59 Ryan Moll, 2003 8) 21.70 Brian Houzenga, 1997 9) 21.91 Luke Reschke, 2008 (Butler) 10) 21.94C Rich Johnson, 1997
<p>400 METER DASH</p> <p>Performance:</p> <ol style="list-style-type: none"> 1) 47.60 Luke Reschke, 2007 (NCAA-UW-Oshkosh) 2) 47.63 Luke Reschke, 2008 (NCAA-UW-Oshkosh) 	<p>Individual:</p> <ol style="list-style-type: none"> 1) 47.60 Luke Reschke, 2007 (NCAA-UW-Oshkosh) 2) 47.76 Charles Burton, 1991 (NCAA-Baldwin Wallace)

3) 47.70 Luke Reschke, 2007 (NCAA-UW-Oshkosh) 4) 47.74 Luke Reschke, 2008 (Conf-Knox) 5) 47.76 Charles Burton, 1991 (NCAA-Baldwin Wallace) 6) 47.77 Keenan King, 2003 (Coe) 7) 47.83 Charles Burton, 1991 (NCAA- Baldwin Wallace) 8) 47.90 Luke Reschke, 2008 (North Central) 9) 47.91 Charles Burton, 1992 (Eastern Illinois) 47.91 Luke Reschke, 2007 (Augustana) 10) 47.98 Charles Burton, 1991 (Conf-Monmouth)	3) 47.77 Keenan King, 2003 (Coe) 4) 48.32 Tyler Rundle, 2005 (WIU) 5) 48.41 Josh Reschke, 2007 (Conf-Ripon) 6) 48.49 Chris Lacy, 2002 7) 48.61 Ryan Moll, 2004 8) 49.00 Jason Devino, 1992 9) 49.02 Justin Bryant, 2000 10) 49.02 Jake Stott, 2008 (Conf-Knox)
800 METER RUN Performance: 1) 1:51.64 Bryan Bittner, 2004 (Augustana) 2) 1:52.11 Jeff McCraven, 1992 (Augustana) 1:52.11 Bryan Bittner, 2004 (NCAA-Millikin) 3) 1:52.97 Jeff McCraven, 1992 (NCAA-Colby) 4) 1:53.47 Kel Bond, 2007 (Benedictine) 5) 1:53.51 Kel Bond, 2005 (Wisconsin) 6) 1:53.55 Kel Bond, 2005 (Augustana) 7) 1:53.59 Kel Bond, 2006 (UW-Madison) 8) 1:53.64 Kel Bond, 2006 (Augustana) 9) 1:53.69 Jeff McCraven, 1991 (Conf-Monmouth) 10) 1:53.82 Kel Bond, 2007 (Wisconsin)	Individual: 1) 1:51.64 Bryan Bittner, 2004 (Augustana) 2) 1:52.11 Jeff McCraven, 1992 (Augustana) 3) 1:53.47 Kel Bond, 2007 (Benedictine) 4) 1:55.08 David Mannon, 1982 5) 1:55.63 Adam Rodriguez, 2006 (UW-Madison) 6) 1:56.29 Zach Barr, 2004 7) 1:56.33 Ray Vance, 1981 8) 1:56.58 John Clingan, 1987 9) 1:56.76 Tim Bentz, 2008 (Conf-Knox) 10) 1:56.82 David Kimber, 1997
1500 METER RUN Performance: 1) 3:53.06 Zach Barr, 2005 (Conf-Monmouth) 2) 3:53.47 Zach Barr, 2005 (Augustana) 3) 3:54.83 Zach Barr, 2004 (Conf-Ripon) 4) 3:56.19 Aaron Etienne, 2008 (Conf-Knox) 5) 3:56.71 Zach Barr, 2004 (Coe) 6) 3:57.14 Kel Bond, 2005 (Conf-Monmouth) 7) 3:57.23 Bryan Bittner, 2004 (Conf-Ripon) 8) 3:58.26 Zach Barr, 2004 (Augustana) 9) 3:58.5 Dan Schisler, 1994 (North Central) 10) 3:58.63 Bryan Bittner, 2004 (Coe)	Individual: 1) 3:53.06 Zach Barr, 2005 (Conf-Monmouth) 2) 3:56.19 Aaron Etienne, 2008 (Conf-Knox) 3) 3:57.14 Kel Bond, 2005 (Conf-Monmouth) 4) 3:57.23 Bryan Bittner, 2004 (Conf-Ripon) 5) 3:58.5 Dan Schisler, 1994 (North Central) 6) 3:58.8 Don Horneck, 1980 7) 3:59.14 Anthony Welty, 2005 (Wisconsin) 8) 4:00.0 John Clingan, 1987 9) 4:00.02 Clay Staley, 2008 (Conf-Knox) 10) 4:02.04C Mark Luttrell, 1991
3000 METER STEEPLECHASE (with water) Performance: 1) 8:56.40 Zach Barr, 2005 (Wisconsin) 2) 9:03.19 Zach Barr, 2005 (NCAA-Wartburg) 3) 9:03.20 Zach Barr, 2007 (NCAA-UW-Oshkosh) 4) 9:07.38 Steve Hartman, 1992 (NCAA-Colby) 5) 9:08.31 Zach Barr, 2005 (Conf-Monmouth) 6) 9:09.82 Zach Barr, 2007 (Augustana) 7) 9:10.8 Steve Hartman, 1992 (Augustana) 8) 9:13.75 Clay Staley, 2008 (North Central) 9) 9:13.83 Clay Staley, 2007 (Augustana) 10) 9:14.64 Steve Hartman, 1992 (NCAA-Colby)	Individual: 1) 8:56.40 Zach Barr, 2005 (Wisconsin) 2) 9:07.38 Steve Hartman, 1992 (NCAA-Colby) 3) 9:13.75 Clay Staley, 2008 (North Central) 4) 9:34.14 Chris Pio, 1984 5) 9:39.73 Seth Leitner, 2008 (Conf-Knox) 6) 9:40.13 Aaron Venters, 1997 7) 9:41.3 Dan Schisler, 1994 8) 9:41.44 Charlie Sunderlage, 2002 (Conf-Ripon) 9) 9:45.59 Tony Miles, 2000 10) 9:50.49 Keith Johnson, 1987
3000 METER STEEPLECHASE (no water) Performance: 1) 9:21.87 Dan Schisler, 1994 (Knox) 2) 9:24.9 Steve Hartman, 1992 (Monmouth) 3) 9:25.36 Steve Hartman, 1991 (Conf-Monmouth)	Individual: 1) 9:21.87 Dan Schisler, 1994 (Knox) 2) 9:24.9 Steve Hartman, 1992 (Monmouth) 3) 9:29.3 Chris Pio, 1984 (Monmouth)

<p>4) 9:29.3 Chris Pio, 1984 (Monmouth) 5) 9:31.0 Chris Pio, 1984 (Monmouth) 6) 9:36.11 Tony Miles, 1999 (Conf-Monmouth) 7) 9:36.44C Dan Schisler, 1993 (Conf-Knox) 8) 9:38.34C Steve Hartman, 1991 (Monmouth) 9) 9:38.35 Jamie Verstraete, 1996 (Conf-Carroll) 10) 9:39.77 Dan Schisler, 1994 (Monmouth)</p>	<p>4) 9:36.11 Tony Miles, 1999 (Conf-Monmouth) 5) 9:38.35 Jamie Verstraete, 1996 (Conf-Carroll) 6) 9:42.16 Keith Hollendonner, 1988 7) 9:47.89 Aaron Venters, 1996 8) 9:52.7 Ted McEldowney, 1992 9) 9:54.78 Bob Strabley, 1996 10) 10:08.3 Dave Pehlman, 1992</p>
<p>3000 METER RUN Performance: 1) 8:55.43 Anthony Welty, 2005 (WIU) 2) 9:00.85 Anthony Welty, 2006 (WIU) 3) 9:00.95 Charlie Sunderlage, 2002 (Augustana) 4) 9:12.6 Dan Schisler, 1991 (Monmouth) 5) 9:17.73 Joel Eckberg, 1996 (WIU) 6) 9:18.01 Aaron Etienne, 2005 (WIU) 7) 9:20.95 Aaron Etienne, 2006 (WIU) 8) 9:21.47 Frank Schweda, 1996 (WIU) 9) 9:22.37 Matt Hargleroad, 2002 (Augustana) 10) 9:23.69 Adam Rodriguez, 2006 (WIU)</p>	<p>Individual: 1) 8:55.43 Anthony Welty, 2005 (WIU) 2) 9:00.95 Charlie Sunderlage, 2002 (Augustana) 3) 9:12.6 Dan Schisler, 1991 (Monmouth) 4) 9:17.73 Joel Eckberg, 1996 (WIU) 5) 9:18.01 Aaron Etienne, 2005 (WIU) 6) 9:21.47 Frank Schweda, 1996 (WIU) 7) 9:22.37 Matt Hargleroad, 2002 (Augustana) 8) 9:23.69 Adam Rodriguez, 2006 (WIU) 9) 9:31.1 Steve Hartman, 1991 10) 9:33.03 Matt Peharda, 2007 (Jim Duncan-Drake)</p>
<p>5000 METER RUN Performance: 1) 14:43.05 Dan Schisler, 1992 (North Central) 2) 15:02.5 Dan Schisler, 1992 (Monmouth) 3) 15:06.0 Dan Schisler, 1994 (North Central) 4) 15:06.7 Dan Schisler, 1993 (Augustana) 5) 15:07.79 Dan Schisler, 1992 (NCAA-Colby) 6) 15:08.00 Anthony Welty, 2006 (Wartburg) 7) 15:10.60 Dan Schisler, 1993 (Coe) 8) 15:12.50 Clay Staley, 2008 (Rhodes) 8) 15:12.88 Anthony Welty, 2006 (Conf-Grinnell) 9) 15:15.78 Zach Barr, 2005 (WIU) 10) 15:17.88 Matt Hargleroad, 2003 (Vancerbilt)</p>	<p>Individual: 1) 14:43.05 Dan Schisler, 1992 (North Central) 2) 15:08.00 Anthony Welty, 2006 (Wartburg) 3) 15:12.50 Clay Staley, 2008 (Rhodes) 4) 15:15.78 Zach Barr, 2005 (WIU) 5) 15:17.88 Matt Hargleroad, 2003 (Vanderbilt) 6) 15:19.05 Aaron Etienne, 2008 (Benedictine) 7) 15:29.07 Jamie Verstraete, 1996 8) 15:33.12 Brad Begyn, 2008 (Rhodes) 9) 15:35.0 Mark Luttrell, 1994 10) 15:37.88 Scott Sheller, 2008 (Butler)</p>
<p>10,000 METER RUN Performance: 1) 30:45.21 Dan Schisler, 1992 (Drake) 2) 31:07.19 Dan Schisler, 1992 (NCAA-Colby) 3) 31:22.44 Dan Schisler, 1993 (Eastern Illinois) 4) 31:36.20 Dan Schisler, 1992 (Eastern Illinois) 5) 31:40.7 Dan Schisler, 1994 (Drake) 6) 31:50.00 Dan Schisler, 1992 (Conf-Lawrence) 7) 31:50.85 Anthony Welty, 2006 (Drake) 8) 32:10.00 Anthony Welty, 2006 (Conf-Grinnell) 9) 32:21.28 Clay Staley, 2007 (Conf-Ripon) 10) 32:38.47 Dan Schisler, 1991 (Grinnell)</p>	<p>Individual: 1) 30:45.21 Dan Schisler, 1992 (Drake) 2) 31:50.85 Anthony Welty, 2006 (Drake) 3) 32:21.28 Clay Staley, 2007 (Conf-Ripon) 4) 32:39.05 Geoff Bird, 2009 (Augustana) 5) 32:46.90 Brad BEgyn, 2008 (Benedictine) 6) 32:57.29 Steve Hartman, 1990 7) 33:06.59 Scott Heiar, 2006 (Wartburg) 8) 33:17.4 Chris Pio, 1981 9) 33:18.39 Matt Hargleroad, 2003 10) 33:24.62 Charlie Sunderlage, 2002</p>
<p>LONG JUMP Performance: 1) 24' 9½" David Thompson, 1996 (Monmouth) 2) 24' 0¼" Glenn Brooks, 1961 (Conf-Monmouth) 3) 23'11¼" Rod Slover, 1979 (Conf-Coe) 4) 23'11" David Thompson, 1995 (Western Illinois) 5) 23' 9½" David Thompson, 1996 (Central), 1995 (Grinnell) 6) 23' 8" David Thompson, 1996 (Western</p>	<p>Individual: 1) 24' 9½" David Thompson, 1996 (Monmouth) 2) 24' 0¼" Glenn Brooks, 1961 (Conf-Monmouth) 3) 23'11¼" Rod Slover, 1979 (Conf-Coe) 4) 23' 5 7/8" Kenneth Kelly, 1932 5) 23' 5½" Tobias Sumrall, 1991 6) 23' Albert Green, 2006 (WIU) 7) 22'11½" Peter McNaughton, 1985 8) 22'11-1/4" Alex Stuart, 2006 (Conf-Grinnell)</p>

<p>Illinois)</p> <p>7) 23' 7¼" David Thompson, 1996 (Conf-Carroll)</p> <p>8) 23' 6" David Thompson, 1996 (Grinnell)</p> <p>9) 23' 5 7/8" Kenneth Kelly, 1932</p> <p>10) 23' 5½" Tobias Sumrall, 1991 (Grinnell)</p>	<p>9) 22' 10-3/4" Jason Killion, 2003</p> <p>10) 22' 6¾" Eric Johnson, 1993</p>
<p>TRIPLE JUMP</p> <p>Performance:</p> <p>1) 48'10-1/4" Albert Greene, 2006 (NCAA-Benedictine)</p> <p>2) 48'2-1/2" Albert Greene, 2006 (WIU)</p> <p>3) 47'9" Alex Stuart, 2006 (NCAA-Benedictine)</p> <p>4) 47'8-1/2" Alex Stuart, 2006 (Conf-Grinnell)</p> <p>5) 47'8-1/4" Albert Greene, 2006 (UW-Madison)</p> <p>6) 47' 7¾" John Weatherly, 1931 (Drake)</p> <p>7) 47'6-1/2" Alex Stuart, 2007 (Central)</p> <p>8) 47'6-1/4" Albert Greene, 2006 (Conf-Grinnell)</p> <p>9) 47'3-3/4" Alex Stuart, 2006 (WIU)</p> <p>10) 47'3-1/2" Alex Stuart, 2006 (UW-Madison); 2006, (Loras)</p>	<p>Individual:</p> <p>1) 48'10-1/4" Albert Greene, 2006 (NCAA-Benedictine)</p> <p>2) 47'9" Alex Stuart, 2006 (NCAA-Benedictine)</p> <p>3) 47' 7¾" John Weatherly, 1931 (Drake)</p> <p>4) 46'7-1/2" David Hodge, 2001</p> <p>5) 46' 6½" David Thompson, 1996</p> <p>6) 46' 6" Todd Stevens, 1991</p> <p>7) 45'11-3/4" Sean Wells, 2009 (Illinois College)</p> <p>8) 45' 9" Rod Slover, 1979</p> <p>9) 45' 7½" Tony VanFleet, 1978</p> <p>10) 45'6-1/2" Nick Wright, 2009 (Conf-Carroll)</p>
<p>HIGH JUMP</p> <p>Performance:</p> <p>1) 6'10¾" Eric Ealy, 1986 (NCAA-UW-LaCrosse)</p> <p>2) 6'10¼" Eric Ealy, 1986 (Monmouth)</p> <p>3) 6' 9¾" Eric Ealy, 1986 (Conf-Ripon)</p> <p>4) 6' 9½" Eric Ealy, 1985 (Conf-Monmouth)</p> <p>6'9-1/2" Cort Mills, 2001 (Illinois Wesleyan); 2000 (Monmouth)</p> <p>5) 6' 9¼" Cort Mills, 1999 (Augustana)</p> <p>6) 6'9" Cort Mills, 2001 (NCAA – Millikin)</p> <p>7) 6' 8¾" Cort Mills, 1999 (Coe); 2001 (Conf-Knox)</p> <p>6'8-3/4" Tim Frank, 2006 (WIU)</p> <p>8) 6' 8½" Eric Ealy, 1986 (Coe)</p> <p>9) 6'8" Tyler Hannam, 2009 (Augustana)</p> <p>6' 8" Cort Mills, 1998 (Washington Univ.); 2000 (Loras); 2001 (Monmouth, IWU)</p> <p>6' 8" Jeromy Hogan, 1998 (Conf-St. Norbert)</p> <p>6' 8" Eric Johnson, 1993 (Conf-Knox), 1992 (Coe)</p> <p>6' 8" Shawn Strachan, 1988 (Iowa Wesleyan)</p> <p>6' 8" Eric Ealy, 1986 (Mon), 1985 (NCAA-Denison)</p> <p>10) 6' 7½" Cort Mills, 1998 (Augustana)</p>	<p>Individual:</p> <p>1) 6'10¾" Eric Ealy, 1986 (NCAA-UW-LaCrosse)</p> <p>2) 6'9-1/2" Cort Mills, 2001 (Illinois Wesleyan), 2000 (Monmouth)</p> <p>3) 6'8-3/4" Tim Frank, 2006 (WIU)</p> <p>4) 6'8" Tyler Hannam, 2009 (Augustana)</p> <p>6' 8" Jeromy Hogan, 1998 (Conf-St. Norbert)</p> <p>6' 8" Eric Johnson, 1993 (Conf-Knox), 1992 (Coe)</p> <p>6' 8" Shawn Strachan, 1988 (Iowa Wesleyan)</p> <p>8) 6' 7" Shawn Maze, 1996</p> <p>9) 6' 6" Darren McDonough, 1991</p> <p>6'6" John Roberts, 2003</p>
<p>POLE VAULT</p> <p>Performance:</p> <p>1) 17'4-1/2" Peter Sprecher, 2008 (WIU)</p> <p>2) 17'3" Keenan King, 2003 (North Central)</p> <p>3) 17'0-3/4" Keenan King, 2003 (Wartburg)</p> <p>17'0-3/4" Jonny Henkins, 2008 (WIU, Conf-Knox)</p> <p>17'0-3/4" Peter Sprecher, 2008 (Wartburg)</p> <p>4) 16'7-1/4" Jonny Henkins, 2008 (NCAA-UW-Oshkosh)</p>	<p>Individual:</p> <p>1) 17'4-1/2" Peter Sprecher, 2008 (WIU)</p> <p>2) 17'3" Keenan King, 2003 (North Central)</p> <p>3) 17'0-3/4" Jonny Henkins, 2008 (WIU, Conf-Knox)</p> <p>4) 15'6-1/2" Aaron Walker, 2001</p> <p>5) 15'5" Brock McAnally, 2008 (Conf-Knox)</p> <p>6) 14'5-1/4" Dane Justice, 2006 (Wartburg)</p>

<p>5) 16'6-3/4" Pete Sprecher, 2007 (Jim Duncan-Drake)</p> <p>6) 16'6" Jonny Henkins, 2007 (Benedictine)</p> <p>7) 16'6-1/2" Jonny Henkins, 2008 (Wartburg)</p> <p>8) 16'5-1/4" Peter Sprecher, 2007 (Conf-Ripon)</p> <p>9) 16'4-3/4" Peter Sprecher, 2006 (Conf-Grinnell)</p> <p>10) 16'3-1/4" Peter Sprecher, 2007 (NCAA-UW-Oshkosh)</p>	<p>7) 14' 0" Trent Goforth, 1990</p> <p>8) 13' 8" Joe Clark, 1987</p> <p>9) 13' 7" Roger Well, 1986</p> <p>13' 7" John Harp, 1984</p>
<p>SHOT PUT</p> <p>Performance:</p> <p>1) 54' 8¼" Chris Sondgeroth, 1997 (NCAA-UW-LaCrosse)</p> <p>2) 54'6-1/2" Eric Holmes, 2001 (Monmouth)</p> <p>3) 54'5-1/4" Jeff Rebholz, 2007 (Benedictine)</p> <p>4) 54' 3¼" Chris Sondgeroth, 1998 (NCAA-Macalester)</p> <p>5) 54'1-3/4" Eric Holmes, 2001 (NCAA-Millikin)</p> <p>54'1-3/4" Jeff Rebholz, 2007 (Conf-Ripon)</p> <p>6) 54' 0" Chris Sondgeroth, 1998 (Missouri)</p> <p>7) 53' 9½" Lance Zedric, 1983 (Conf-Carleton)</p> <p>8) 53' 9¼" Chris Sondgeroth, 1998 (NCAA-Macalester)</p> <p>9) 53' 8¼" Chris Sondgeroth, 1998 (Augustana)</p> <p>10) 53'7-1/2" Eric Holmes, 2001 (Washington Univ.)</p>	<p>Individual:</p> <p>1) 54' 8¼" Chris Sondgeroth, 1997 (NCAA-UW-LaCrosse)</p> <p>2) 54'6-1/2" Eric Holmes, 2001 (Monmouth)</p> <p>3) 54'5-1/4" Jeff Rebholz, 2007 (Benedictine)</p> <p>4) 53' 9½" Lance Zedric, 1983 (Conf-Carleton)</p> <p>5) 53'1-1/2" Zach Wilson, 2006 (Coe)</p> <p>6) 52' 7¾" Ross Richardson, 1989</p> <p>7) 51' 4½" Jose Buckner, 1994</p> <p>8) 51' 4" Bob Lindstrom, 1997</p> <p>9) 50'8-3/4" Sam Cokinos, 2009 Central)</p> <p>10) 49'11-1/2" Tobias Dickerson, 2002</p>
<p>DISCUS</p> <p>Performance:</p> <p>1) 168'5" Jeff Rebholz, 2007 (Central)</p> <p>2) 167' 7" Jose Buckner, 1994 (Monmouth)</p> <p>3) 166' 4" Jim Hardesty, 1998 (Grinnell)</p> <p>4) 162'9" Zach Wilson, 2008 (Butler)</p> <p>5) 162' 4" Jose Buckner, 1992 (NCAA-Colby)</p> <p>6) 162'0" Zach Wilson, 2008 (Loras)</p> <p>7) 161' 8" Chris Sondgeroth, 1997 (Conf-Grinnell)</p> <p>161' 8" Jose Buckner, 1992 (Augustana)</p> <p>8) 160'11" Jeff Rebholz, 2007 (Augustana)</p> <p>9) 160'10" Jose Buckner, 1992 (North Central)</p> <p>10) 160' 8" Jose Buckner, 1993 (Monmouth)</p>	<p>Individual:</p> <p>1) 168'5" Jeff Rebholz, 2007 (Central)</p> <p>2) 167' 7" Jose Buckner, 1994 (Monmouth)</p> <p>3) 166' 4" Jim Hardesty, 1998 (Grinnell)</p> <p>4) 162'9" Zach Wilson, 2008 (Butler)</p> <p>5) 161' 8" Chris Sondgeroth, 1997 (Conf-Grinnell)</p> <p>6) 159' 6" John Warfield, 1988</p> <p>7) 159' 0" Dan Cox, 1987</p> <p>8) 153'2" Peyton Lumzy, 2009 (Central)</p> <p>9) 154'5" Eric Holmes, 2001</p> <p>10) 152'5" James Blair, 2006 (UW-Madison)</p>
<p>HAMMER THROW</p> <p>Performance:</p> <p>1) 181'1" Zach Wilson, 2007 (Central)</p> <p>2) 179'10 Zach Wilson, 2008 (NCAA-UW-Oshkosh)</p> <p>3) 178'3" Zach Wilson, 2007 (Augustana)</p> <p>4) 177'5" Zach Wilson, 2007 (Loras)</p> <p>5) 177'4 Zach Wilson, 2008 (Augustana)</p> <p>6) 177'0" Zach Wilson, 2007 (Wisconsin); 2008 (Rhodes)</p> <p>7) 176'10" Zach Wilson, 2007 (WIU, Conf-Ripon)</p> <p>8) 176'5" Zach Wilson, 2008 (Wartburg)</p> <p>9) 176'2" Zach Wilson, 2006 (Augustana)</p> <p>10) 176' Zach Wilson, 2007 (Wartburg)</p>	<p>Individual:</p> <p>1) 181'1" Zach Wilson, 2007 (Central)</p> <p>2) 162'11" Jeff Rebholz, 2007 (Loras)</p> <p>3) 149'8" Peyton Lumzy, 2009 (Illinois College)</p> <p>4) 149'6" James Blair, 2006 (Conf-Grinnell)</p> <p>5) 140'4" Tobias Dickerson, 2004</p> <p>6) 138'8" Sam Cokinos, 2009 (Loras)</p> <p>7) 130'0" Matt Copple, 2003</p> <p>8) 125'7" Paul Terpening, 2009 (Monmouth)</p> <p>9) 121'6" Shawn Allen, 2008 (Conf-Knox)</p> <p>10) 114'3" Nick Hitterman, 2009 (Monmouth)</p>
<p>JAVELIN</p> <p>Performance:</p> <p>1) 205' 8" Roger Haynes, 1982 (Augustana)</p>	<p>Individual:</p> <p>1) 205' 8" Roger Haynes, 1982 (Augustana)</p>

2) 198' 3"	David Hillis, 1992 (Conf-Lawrence)	2) 198' 3"	David Hillis, 1992 (Conf-Lawrence)
3) 196'11"	David Hillis, 1991 (Conf-Monmouth)	3) 196'10"	Lance Zedric, 1983 (Central)
4) 196'10"	Lance Zedric, 1983 (Central)	4) 194' 10"	Dan Higgins, 2008 (Conf-Knox)
5) 195' 4"	David Hillis, 1992 (NCAA-Colby)	5) 191' 5"	Alex Stuart, 2006 (Conf-Grinnell)
6) 195' 0"	Lance Zedric, 1982 (Monmouth)	6) 190' 1"	Ron Baker, 1973
7) 194' 10"	Dan Higgins, 2008 (Conf-Knox)	7) 189' 6"	Ron Wilson, 1964
8) 193'9"	Dan Higgins, 2009 (Conf-Carroll)	8) 189' 2"	Pat Garst, 1983
9) 192'11"	David Hillis, 1991 (NCAA-Baldwin Wallace)	9) 188' 1"	Wayne Hasty, 1992
10) 192'10"	David Hillis, 1991 (NCAA-Baldwin Wallace)	10) 187'11"	Stan Martin, 1959
DECATHLON Performance: 1) 6,623 Roger Well, 1985 (Drake) 2) 6,593 Roger Well, 1984 (Coe) 3) 6,545 Roger Well, 1985 (Augustana) 4) 6,505 Roger Well, 1986 (Augustana) 5) 6,280 Roger Well, 1984 (Grinnell) 6) 6,279 Roger Well, 1984 (NCAA-Carleton) 7) 6,128 Roger Well, 1984 (Eastern Illinois) 8) 5,935 Roger Well, 1985 (NCAA-Denison) 9) 5,736 Roger Well, 1983 (Black Hawk) 10) 5,516 Dennis Lehr, 1982 (Black Hawk)		Individual 1) 6,623 Roger Well, 1985 (Drake) 2) 5,516 Dennis Lehr, 1982 (Black Hawk) 3) 5,074 Doug Gilmore, 1986	

ALL-TIME TOP TEN RELAY PERFORMANCES

4 x 100 METER RELAY

1)	41.26	Daniels, Daverin, L. Reschke, Rundle, 2007 (Augustana)
2)	41.33	Daniels, Gross, L. Reschke, Rundle, 2007 (Central)
3)	41.49	Bryant, Beverly, Opgenorth, Shelby, 2001 (UW-LaCrosse)
4)	41.61	Daniels, Daverin, L. Reschke, Rundle, 2007 (Wisconsin)
	41.61	Daniels, Daverin, L. Reschke, Rundle, 2007 (Drake)
5)	41.63	Daniels, Daverin, L. Reschke, Rundle, 2007 (Drake)
6)	41.64	Shelby, Beverly, Opgenorth, Bryant, 2001 (Monmouth)
7)	41.73	Shelby, Beverly, Opgenorth, Bryant, 2001 (NCAA- Millikin)
8)	41.74	S. Reschke, Daverin, Prout, Sesay, 2009 (Conf-Carroll)
9)	41.77	Daniels, Gross, L. Reschke, Rundle, 2007 (Conf-Ripon)
10)	41.79	Kerr, Moll, Olson, King, 2003 (Coe)

4 x 200 METER RELAY

1)	1:27.26	Bryant, Johnson, Vallas, Houzenga, 1998 (Drake)
2)	1:27.86	Franks, Gross, Runle, Daniels, 2006 (WIU)
3)	1:28.14C	Thompson, Vallas, Knowles, Bertelsen, 1995 (Drake)
4)	1:28.57	Thompson, Vallas, Knowles, Bertelsen, 1995 (Drake)
5)	1:28.58	Thompson, Woodard, Knowles, Newnam, 1996 (Drake)
6)	1:28.80	Daverin, Gross, Stott, Hardman, 2007 (Loras)
7)	1:30.31	Williams, Kerr, Shelby, Olson, 2002 (Grinnell)
8)	1:30.73	Thompson, Vallas, Knowles, Bertelsen, 1995 (SIU-Edwardsville)

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|-----|----------|---|
| 9) | 1:30.94C | McDaniel, Gilgunn, Clingan, McNaughton, 1987 (Monmouth) |
| 10) | 1:31.04C | Well, Lawson, Ross, McNaughton, 1985 (Monmouth) |

4 x 400 METER RELAY

- | | | |
|-----|----------------|---|
| 1) | 3:11.57 | Daniels, Rundle, J. Reschke, L. Reschke, 2006 (NCAA-Benedictine) |
| 2) | 3:12.09 | Daniels, J. Reschke, Rundle, L. Reschke, 2007 (NCAA-UW-Oshkosh) |
| 3) | 3:12.20 | Williams, Moll, King, Lacy, 2002 (NCAA-Macalester) |
| 4) | 3:12.29 | Daniels, J. Reschke, Rundle, L. Reschke, 2007 (Augustana) |
| 5) | 3:12.94 | Williams, Moll, King, Lacy, 2002 (Augustana) |
| 6) | 3:13.02 | Daniels, Rundle, L. Reschke, Bond, 2006 (UW-Madison) |
| 7) | 3:13.64 | Devino, McCraven, Bertelsen, Burton, 1992 (NCAA-Colby) |
| 8) | 3:14.36 | Devino, Bertelsen, McCraven, Burton, 1992 (North Central) |
| | 3:14.36 | Daniels, Rundle, J. Reschke, L. Reschke, 2006 (NCAA-Benedictine) |
| 9) | 3:14.37 | Williams, King, Moll, Lacy, 2002 (NCAA-Macalester) |
| 10) | 3:14.43 | Devino, Bertelsen, McCraven, Burton, 1992 (NCAA-Colby) |

SPRINT MEDLEY RELAY

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|-----|----------------|---|
| 1) | 3:25.68 | Daniels, Gross, J. Reschke, Bond, 2007 (Loras) |
| 2) | 3:29.4 | Charles, Baker, Burton, McCraven, 1992 (Western Illinois) |
| 3) | 3:31.14 | Hagaman, Beverly, Kimber, Schweda, 1998 (Drake) |
| 4) | 3:34.10 | Rundle, Franks, Gross, Rodriguez, 2005 (Drake) |
| 5) | 3:34.43 | Bittner, ??????, ???????, ?????????, 2001 (Disney Relays, FL) |
| 6) | 3:35.98 | Baker, Bertelsen, Arne, McCraven, 1992 (Drake) |
| 7) | 3:36.14C | Banta, Nehr Korn, Carnahan, Mannon, 1982 (Coe) |
| 8) | 3:36.68 | Vallas, Staggs, Boekholder, Tarpley, 1996 (Drake) |
| 9) | 3:37.14C | Knowles, Bertelsen, Vallas, Kimber, 1995 (Drake) |
| 10) | 3:38.05 | Kerr, Moll, Gaskill, Boma, 2003 (Drake) |

4 x 800 METER RELAY

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|-----|----------------|--|
| 1) | 7:57.08 | Barr, Bittner, Bond, Morrison, 2004 (Coe) |
| 2) | 7:57.42 | 2000 (Grinnell) |
| 3) | 8:00.1 | Blassingame, McCraven, Stark, Clingan, 1989 (Knox) |
| 4) | 8:02.0 | Vance, Perschke, Wolf, McCabe, 1981 (Monmouth) |
| 5) | 8:02.4 | Clingan, Stark, Blassingame, McCraven, 1989 (Western Illinois) |
| 6) | 8:06.5Y | Vance, McCabe, Perschke, Horneck, 1978 (Beloit) |
| 7) | 8:06.8 | Arne, Stark, Croy, Luttrell, 1991 (Monmouth) |
| 8) | 8:09.00 | Nelson, Schweda, Dare, Tarpley, 1997 (Augustana) |
| 9) | 8:10.70 | McCraven, Arne, Hartman, Stark, 1990 (Western Illinois) |
| 10) | 8:12.6Y | Vance, McCabe, Horneck, McGehee, 1979 (Knox) |

DISTANCE MEDLEY RELAY

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|----|-----------------|---|
| 1) | 10:05.61 | Welty, Rundle, Bond, Barr, 2005 (Drake) |
| 2) | 10:15.96 | Barr, Stott, Bond, Staley, 2007 (Loras) |
| 3) | 10:18.62 | Arne, Baker, Hartman, Schisler, 1992 (Grinnell) |
| 4) | 10:21.95 | Barr, Bond, Etienne, J. Reschke, 2007 (Augustana) |
| 5) | 10:27.29 | Devino, Burton, Arne, Hartman, 1992 (Drake) |
| 6) | 10:33.83 | Miles, Kimber, Schweda, ??????, 1998 (Grinnell) |

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|-----|----------|--|
| 7) | 10:35.28 | Arne, Stephens, King, Hartman, 1991 (Coe) |
| 8) | 10:38.39 | Etienne, C. Welty, Schierer, A. Welty, 2006 (Grinnell) |
| 9) | 10:43.2 | Vance, McCabe, Perschke, Pio, 1981 (Coe) |
| 10) | 10:49.56 | 2004 (Kansas Relays) |

4x1600 METER RELAY

- | | | |
|----|-----------------|---|
| 1) | 17:13.56 | Bond, Staley, Eitenne, Barr, 2007 (Loras) |
| 2) | 18:59.11 | Dare, Bittner, Hargleroad, Calder, 2001 (Disney Relays, FL) |
| 3) | 19:11.68 | Schweda, Strabley, Kimber, Jenkins, 1995 (SIU-Edwardsville) |
| 4) | 19:36.8 | Schiro, Jones, Flood, Pio, 1981 (Monmouth) |
| 5) | 19:40.4 | Murray, Flood, Carlberg, Pio, 1983 (Monmouth) |
| 6) | 20:28.0 | Murray, Flood, Russell, Pio, 1982 (Black Hawk) |

HURDLE SHUTTLE RELAY

- | | | |
|----|---------------|---|
| 1) | 1:03.8 | Haynes, Eubanks, Lehr, Wolf, 1981 (Monmouth) |
| 2) | 1:05.5 | Brooks, Lowen, Carnahan, Wolf, 1983 (Monmouth) |
| 3) | 1:07.1 | Haynes, Currier, Lehr, Wolf, 1982 (Monmouth) |

TRACK RACES -- YARD DISTANCES

The top times for yard distance events are accurate to the extent of existing statistical information and various race results. These lists include only those results verified by printed sources.

100 YARD DASH

- | | | |
|----|------------|--|
| 1) | 9.7 | John Carter, 1973 (Knox) |
| | 9.7 | Glenn Brooks, 1961 (Monmouth, BELOIT) |
| 2) | 9.8 | Glenn Brooks, 1961 (Conf-Monmouth) |
| 3) | 9.9 | Ed Barron, 1935 |
| 4) | 10.0 | Mike Carter, 1971 (Conf-Cornell, Monmouth) |
| | 10.0 | Bob Kukla, 1968 (Conf-St. Olaf) |
| 5) | 10.1 | John Carter, 1973 (Conf-Carleton) |
| | 10.1 | John Carter, 1973 (Parsons), 1971 (Monmouth) |
| | 10.1 | Bob Kukla, 1968 (Monmouth) |
| | 10.1 | John Weatherly, 1932 (Conf-Knox) |
| 6) | 10.3 | Jud Kruidenier, 1950 (Conf-Cornell) |
| 7) | 10.5 | Jud Kruidenier, 1949 (Monmouth) |

220 YARD DASH

- | | | |
|----|-------------|---|
| 1) | 21.2 | Glenn Brooks, 1961 (Conf-Monmouth) |
| 2) | 21.5 | John Carter, 1973 (Knox) |
| | 21.5 | Earle Davis, 1926 |
| 3) | 21.7 | Bob Kukla, 1968 (Conf-St. Olaf) |
| | 21.7 | Bill Smallwood, 1949 |
| 4) | 21.9 | Wayne Keller, 1952 |
| 5) | 22.0 | John Weatherly, 1932 (Conf-Knox) |
| | 22.0 | Bill Smallwood, 1950 (Conf-Cornell) |
| 6) | 22.1 | Bob Frost, 1963 |

440 YARD DASH

- | | | |
|-----|-------------|---|
| 1) | 49.4 | Dave Campbell, 1962 (Conf-Ripon) |
| 2) | 49.5 | John Riggs, 1950 (Conf-Cornell) |
| 3) | 49.8 | John Riggs, 1949 (Conf-Lawrence) |
| 4) | 50.0 | Bill Smallwood, 1950 (Conf-Cornell) |
| 5) | 50.5 | John Riggs, 1950 (Conf-Cornell) |
| 6) | 50.7 | Jamie George, 1968 (Conf-St. Olaf) |
| 7) | 50.9 | Bob Frost, 1963 |
| 8) | 51.0 | Hugh DeMorest, 1947 (Conf-Carleton) |
| 9) | 51.2 | Glen Rankin, 1943 (Conf-Coe) |
| 10) | 51.5 | Bill Smallwood, 1949 |

880 YARD RUN

- | | | |
|----|---------------|---------------------------------------|
| 1) | 1:55.9 | Ray Vance, 1980 (Conf-Chicago) |
| | 1:55.9 | Ken Kite, 1968 (Monmouth) |
| 2) | 1:56.1 | Dave Campbell, 1961 (Conf-Monmouth) |
| 3) | 1:56.7 | Ken Kite, 1969 (Iowa Wesleyan) |
| 4) | 1:57.0 | Ray Vance, 1980 (Grinnell) |
| 5) | 1:57.6 | Joe Renwick, 1959 |
| 6) | 1:57.8 | Don Horneck, 1979 (Conf-Coe) |
| | 1:57.8 | Steve Brokaw, 1969 |
| | 1:57.8 | Bob Carlsten, 1949 |
| 7) | 1:57.9 | Dave Campbell, 1962 (Conf-Ripon) |
| 8) | 1:58.0 | Don Horneck, 1980 (Knox) |
| 9) | 1:58.2 | Don Horneck, 1978 (Conf-Chicago) |
| | 1:58.2 | Jim Whalen, 1964 (MacMurray) |

10) 1:58.4 Ken Kite, 1968 (Conf-St. Olaf)

ONE MILE RUN

- 1) **4:16.8 Ken Kite, 1969 (Beloit)**
- 2) 4:17.0 Don Horneck, 1980 (Grinnell)
- 3) 4:20.8 Ed Ryan, 1969 (Beloit)
- 4) 4:20.9 Ed Ryan, 1971 (Monmouth), 1970 (IWC)
4:20.9 Ken Kite, 1968 (Monmouth)
- 5) 4:22.2 Ken Kite, 1969 (Principia)
- 6) 4:22.7 Ed Ryan, 1968 (Knox)
- 7) 4:24.5 Bob Carlsten, 1951 (Conf-Beloit)
- 8) 4:25.7 Joe Welty, 1976 (Coe)
- 9) 4:25.8 Ken Kite, 1968 (Monmouth)

10) 4:26.0 Chris Pio, 1983 (Monmouth), 1981 (Coe)

TWO MILE RUN

- 1) **9:23.1 Ed Ryan, 1968 (Knox)**
- 2) 9:33.1 Ken Kite, 1968 (Knox)
- 3) 9:40.7 Doug Carlson, 1966 (MacMurray)
- 4) 9:40.8 Doug Carlson, 1965 (Monmouth)
- 5) 9:44.6 Doug Carlson, 1964 (Conf-Coe)
- 6) 9:45.0 Earl King, 1932 (Conf-Knox)
- 7) 9:46.0 Doug Carlson, 1966 (Conf-Grinnell)
- 8) 9:46.2 Doug Carlson, 1964 (Monmouth)
- 9) 9:46.8 Earl King, 1930 (Conf-Lawrence)
- 10) 9:48.6 Ken Kite, 1968 (Monmouth)